

PREVEA FAMILY MEDICINE RESIDENCY PROGRAM



PREVEA
health

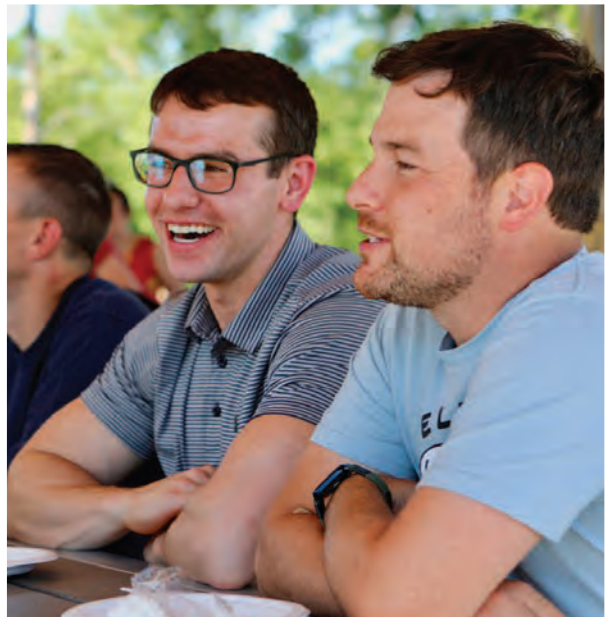
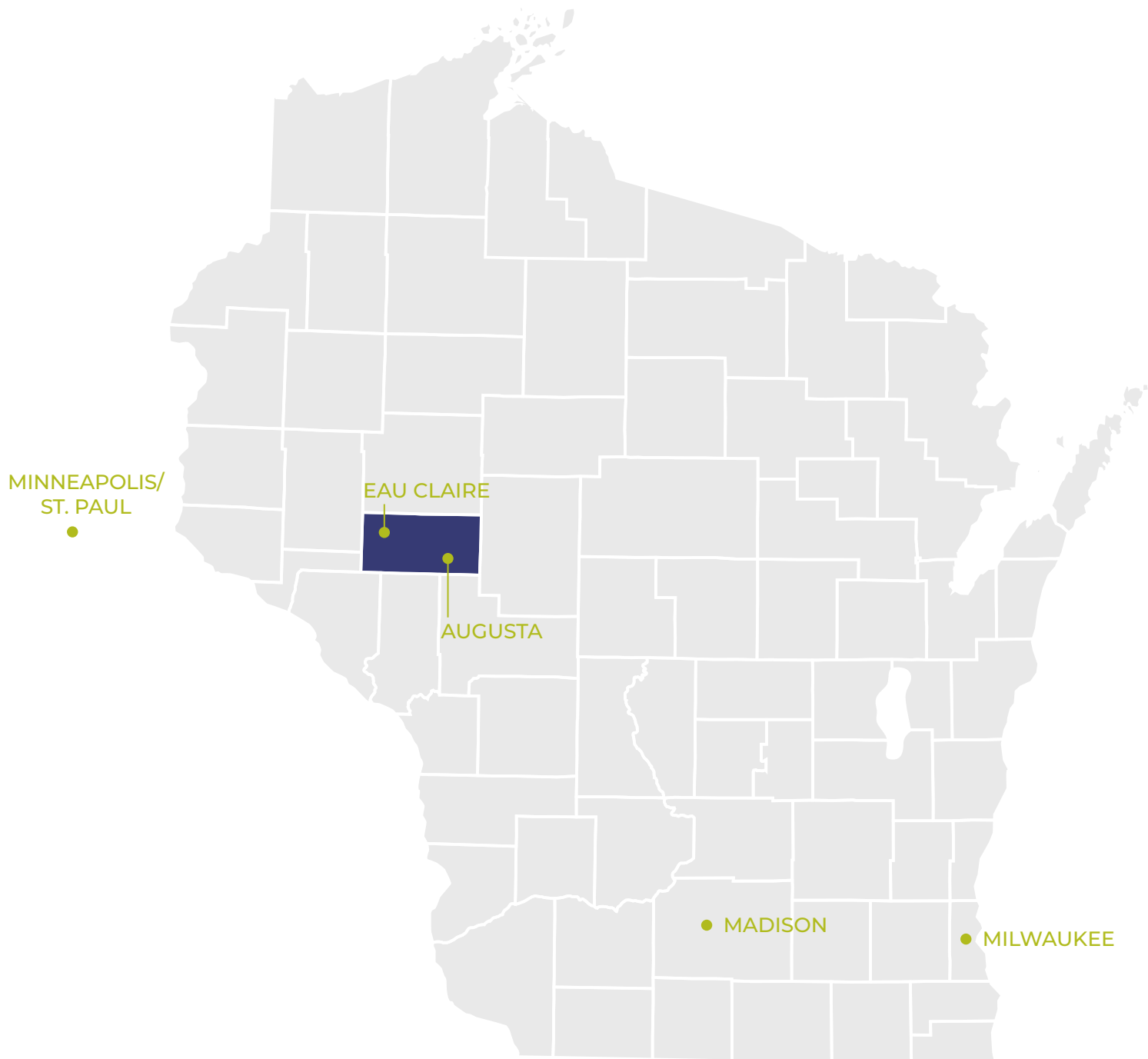


TABLE OF CONTENTS

Welcome to Eau Claire!.....	3
The Best of Western Wisconsin	5
Area Clinics and Hospitals.....	10
Mission Statement.....	14
Prevea Health in Eau Claire	15
Prevea Augusta Health Center	15
Program Highlights	16
Focus on Resident Support.....	17
Electronic Resources.....	18
Virtual Medical Center	18
Community Connections.....	20
Program Curriculum	21
Salary and Benefits.....	28
Core Faculty, Residents and Program Staff	30
Contact information	36
Frequently Asked Questions	36
More about Prevea Health.....	38



WELCOME TO EAU CLAIRE!

This booklet introduces the city of Eau Claire, the Prevea Family Medicine Residency Program, the faculty and staff of the program, and our rural program in Augusta. We make a difference in the Eau Claire area.

Here are a few reasons to join our outstanding program:

Single Specialty Residency:

Our family medicine residency program provides rigorous full-spectrum training with the support of the Medical College of Wisconsin and University of Wisconsin School of Medicine and Public Health, our academic partners.

Expert faculty:

You will benefit from our passion for excellence in patient care and teaching. Our core faculty members have more than 100 years of combined residency teaching experience! Members of our faculty have been recognized by the University of Wisconsin as Teacher of the Year, Family Physician of the Year and Physician Champion, and by the Medical College of Wisconsin as Outstanding Medical Student Teacher. We are also proud of our certificate of recognition for Extraordinary Service from the Wisconsin Alzheimer's Institute.

State-of-the-art technology:

See patients in our beautiful health center outfitted with the latest technology, including human patient simulators in a Virtual Medical Center.

Diverse practice settings:

Our educational and practice partnerships create learning opportunities rarely available in a community-based residency program, including working with Hmong, Hispanic and Amish populations. You may focus your electives in either an urban or rural area.

Community involvement opportunities:

Residents are active in the community, presenting at area elementary and middle schools, at the juvenile detention center, to Chippewa Valley Technical College students, staff and professional organizations, and to local businesses.

Full-spectrum family medicine:

We offer comprehensive procedure training through an established, competency-based curriculum from OB and MSK ultrasound and c-sections to stress testing and behavioral therapy skills. Our faculty will assist you in designing an educational experience to meet your individual career goals.

ACGME accreditation:

Our program received continued reaccreditation from the Accreditation Council for Graduate Medical Education (ACGME) in January 2023. In April 2023, the ACGME Osteopathic Principles Committee granted continued osteopathic recognition to the program.

Statewide Osteopathic Program:

Osteopathic residents receive robust training locally and through our participation in the statewide osteopathic program sponsored by the University of Wisconsin School of Medicine and Public Health.

Teaching opportunities:

Throughout the year, Medical College of Wisconsin students, visiting students from other medical schools, as well as other allied health professional students do rotations both in the clinic and at the hospital with our residents.

A great place to live:

Low cost of living, year-round outdoor recreation and opportunities to experience music and the arts make Eau Claire a great place for you and your family.

Join us in Eau Claire!

PREVEA HEALTH FAMILY MEDICINE RESIDENCY PROGRAM PHOTOS



2023 GRADUATES



RESIDENTS AND FACULTY AT WELCOME PICNIC



PGY1 RESIDENTS 2023-2024



HUMAN PATIENT SIMULATOR

THE BEST OF WESTERN WISCONSIN

Our Vibrant Region

Eau Claire is located in the Chippewa Valley of west central Wisconsin, 90 miles east of the Twin Cities. With a population of more than 70,000, Eau Claire is the eighth largest city in the state, but still has the small-town benefit of an average commute of 13 minutes.

Livability.com recently named Eau Claire one of the most livable small to midsize cities in the U.S., with high scores in housing, health care and economics. Eau Claire has also been designated an All-American City by the National Civic League. This award, given to only 10 U.S. cities, was based on demonstrated innovation, inclusiveness, civic engagement and cross-sector collaboration.

Eau Claire's history is tied to the lumbering industry. Our rich forests, rolling hills and clear water drew early pioneers here. The settlement they established continues to be the region's center of activity and many of the institutions they founded still serve the community. We have a diverse and expanding economic base in manufacturing, health care, information technology and education. There are also multiple cultural and entertainment opportunities.

The combined factors of affordable housing, thriving industries, low crime rates, top-rated schools, easy access to high-quality health care, inviting indoor and outdoor recreational activities and abundant green spaces make Eau Claire an outstanding place to live and work.

Retail and Dining Variety

Oakwood Mall is the largest shopping center in Eau Claire with major department stores, a food court, a children's play area and a 12-screen movie theatre.

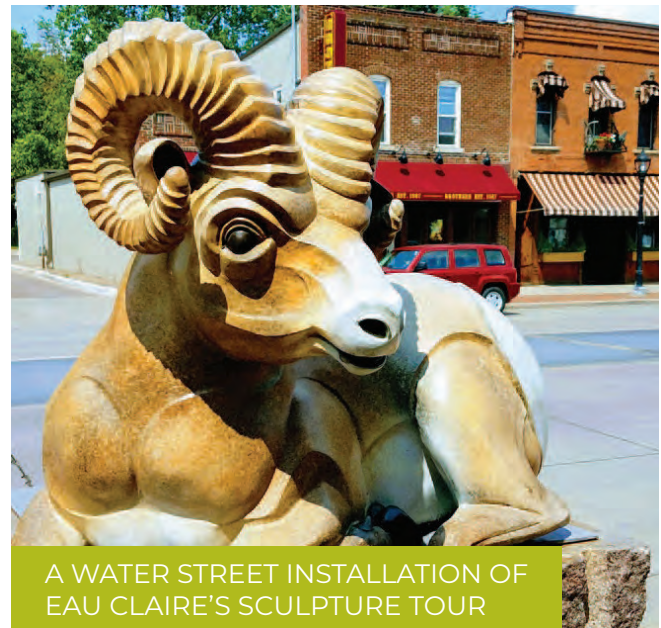
Many unique shops and eateries are located along the Chippewa River on historic Water Street. The nearby downtown area showcases specialty shops, antique and art dealers, a quilting store and gift shops.

A large and growing number of restaurants are located throughout the city and surrounding area. Fast food franchises provide convenient options, and other locally-owned restaurants provide fine dining experiences. Many ethnic establishments lend to a variety of culinary choices.

Several large supermarkets, along with smaller Asian and Mexican grocery stores, make grocery shopping convenient. Eau Claire also has amazing farmers' markets that operate in various parts of town during the summer and fall months, supplying fresh locally-grown produce.



CARSON PARK



A WATER STREET INSTALLATION OF EAU CLAIRE'S SCULPTURE TOUR

Area Educational Excellence

The Eau Claire area is home to several institutions of higher learning.

Ranked among the top regional public universities in the Midwest, University of Wisconsin-Eau Claire (UWEC) offers about 80 undergraduate programs and 14 graduate programs (including one doctoral program) in a wide range of majors and minors. Students have opportunities to do research, study abroad and to become involved in campus organizations.

UWEC has consistently earned citations in U.S. News & World Report's "America's Best Colleges" guide. It was also named one of MONEY's Best Colleges for your Money 2022.

University of Wisconsin-Stout is within easy driving distance in Menomonie, Wis. UW-Stout was designated Wisconsin's Polytechnic University by the UW System Board of Regents in spring 2007.

Chippewa Valley Technical College (CVTC) is part of the Wisconsin Technical College System which includes 16 colleges located throughout the state. CVTC has a nationally-recognized faculty, and state-of-the-art facilities and equipment. Partnerships with area business and industry leaders provide students with hands-on experience in real-life settings. CVTC offers 97 programs, 31 certificates, and 13 apprenticeships.

Primary and Secondary Education

The Eau Claire Area School District, with an enrollment of approximately 11,000 students, is the ninth largest school district in Wisconsin. There are 12 public elementary schools in the district, one early learning center, three middle schools, two high schools and two charter schools.

Faith-focused education is also available in Eau Claire. The Catholic Area Schools of the Eau Claire Deanery (CASE) have three pre-schools, three elementary schools, one middle school, and one high school. Other parochial schools include Bethel Christian School, Crestview Academy, Eau Claire Lutheran School, St. Mark Evangelical Lutheran School, Messiah Lutheran School and Immanuel Lutheran High School.



UNIVERSITY OF WISCONSIN – EAU CLAIRE



CVTC BUSINESS EDUCATION CENTER

A Place to Call Home

Eau Claire's scenic surroundings provide appealing settings to call home. Both owners and renters find attractive homes and apartments in a range of prices. The city has distinct neighborhoods with houses or apartments in a variety of styles, some new and others with beautiful historic charm.

Fill Your Free Time

There are 20 university varsity sports teams playing throughout the academic year. Or, you can choose to be a spectator at one of Eau Claire's amateur or college summer league baseball or football games. If you prefer to take part in the action, the parks and recreation department offers adult volleyball and softball teams, and opportunities for swimming, ice skating, hockey, broom ball, soccer, pickleball and other sports. Eau Claire is the Kubb capital of North America!

Eau Claire maintains approximately 1000 acres of parkland, and 30 miles of recreation trail. City sports and athletic facilities include softball/baseball fields, football fields, soccer fields, ice rinks, boat landings and volleyball courts. The Chippewa River State Trail runs between Eau Claire and Durand and is part of the Wisconsin state trails network. The trail is connected to the Red Cedar State Trail and, over the next few years, will be connected to the Old Abe State Trail.

The trail system supports bicycling, walking, running, in-line skating, cross-country skiing and snowmobiling. Lakes are abundant in the area and the Chippewa and Eau Claire rivers run through the city. This means easy access to water activities like tubing, kayaking, canoeing and fishing.

Those interested in arts and entertainment will be pleased with the wide variety of events available in Eau Claire. The UWEC Music & Theatre Arts department presents more than 200 concerts and recitals annually. The Pablo Center at the Confluence offers two theaters, art galleries and other venues to support the performing, literary and visual arts in Eau Claire.

Outdoor concerts featuring a variety of bands and musical styles are offered throughout the summer at Phoenix Park, Owen Park, River Prairie Park and Dove Healthcare. The Chippewa Valley Symphony provides an excellent symphonic experience to audiences in the Chippewa Valley.

The Chippewa Valley Theatre Guild and the Eau Claire Children's Theatre, both amateur companies, provide opportunities to view a variety of plays year-round.



CHIPPEWA RIVER



SOUNDS OF SUMMER
CONCERT AT PHOENIX PARK

Getting Around

The Chippewa Valley Regional Airport serves the Eau Claire area. Shuttle services are also available to the Minneapolis/St. Paul airport.

Greyhound bus service offers transportation to many major cities across the country and to smaller communities in Wisconsin.

Eau Claire also has a city transit system which provides the benefits of low-cost fares and decreased traffic congestion. The transit system has 12 bus routes that cover all of Eau Claire and go as far as neighboring Altoona. Major employment centers, retail centers, residential neighborhoods and UWEC are included on the routes. If you prefer, Eau Claire has Uber and Lyft and several taxi companies to get you where you want to go!

Really Rural Augusta

Augusta is located 20 miles southeast of Eau Claire on State Highway 12. The Augusta area was settled in the mid-19th century by German, Scandinavian and other European immigrants. Today, Augusta has a vital Amish community.

Augusta has a population of 1,550 and is located in the middle of beautiful west central Wisconsin with rolling hills, lakes, rivers and streams, forests, and charming open spaces. The area is known for its family dairy farms, small apple orchards, grain farming, artisan cheese production, tourism and outdoor recreation.

Low crime rates, fresh air, a moderate real estate market, and an industrious population make Augusta a great place to live and work.



DELLS MILL, OUTSIDE OF AUGUSTA

Our Award-Winning City

SmartAsset.com ranks Eau Claire #5 on its list of Most Livable Small Cities in the U.S. based on ten metrics. June 2021

Charming City

Travelmag.com included Eau Claire as one of the 10 most charming towns and small cities in Wisconsin on its 2021 list.

Schools.com ranks Eau Claire #5 on its list of the Top 20 Best College Towns in the U.S. – October 2019 and

CollegeGazette.com ranks Eau Claire in the top 10 best college towns and called it one of “the most dynamic college towns in the Midwest.” January 2020

Eau Claire ranks #5 on LendEDU.com’s list of Most Affordable Homes in the U.S. using data from the U.S. Census Bureau and the Harvard Joint Center for Housing Studies. December 2019

2020 Top 100 Best Places to Live

“Not only is Eau Claire an affordable place to live or start a business, but it’s also ripe with opportunity right now.

The Eau Claire economy is growing, lots of development is underway and unemployment is low. Plus, Eau Claire is an incredible place to raise a family. The schools are fantastic, your neighbors will welcome you with open arms, and you’ll never get bored thanks to the area’s many activities, arts and entertainment options and green spaces to explore. With a population of 68,000 people, Eau Claire is just the right size, too.” Livability.com, 2020

Smartasset.com ranks Eau Claire #6 on their list of Top 10 Places to Live on a \$60,000 salary.

America’s Best Small Cities to Move to Before They get too Popular

Thrillist Travel included Eau Claire in this list of 15 small cities in 2018.

2021 Board of Health of the Year was awarded to the Eau Claire City-County Board of Health by the Wisconsin Association of Local Health Departments and Boards. The board was nominated due to their strong population health advocacy, their commitment to excellence and their caring for all members of the community, particularly those that are most vulnerable.

UW-Eau Claire ranked in Money magazine’s ‘Best Colleges for Your Money’

The University of Wisconsin-Eau Claire is the secondhighest ranking public regional university from Wisconsin and Minnesota in Money magazine’s 2020 “Best Colleges for Your Money” rankings.

eauclairewi.gov/our-city/eau-claire-awards-and-recognitions



EAU CLAIRE'S CENTER FOR THE ARTS: PABLO CENTER AT THE CONFLUENCE

AREA CLINICS AND HOSPITALS

Our residents have the opportunity to work at several area clinics and hospitals. Each facility is unique and offers residents a first-hand experience that may help them determine the type of practice they wish to enter upon graduation.



Area Clinics

The residency's two continuity clinics in Eau Claire and Augusta are **Prevea Health** centers, and faculty and staff are Prevea employees. In addition to working with Prevea in our own clinics, residents are assigned to Prevea preceptors for several rotations in Eau Claire and Chippewa Falls. Prevea Health is based in Green Bay, Wisconsin. It is the largest physician-owned multi-specialty group in Wisconsin.

With 40 locations throughout northeast Wisconsin and western Wisconsin's Chippewa Valley, their presence is growing on our side of the state. Prevea strives to be the best place to get care and the best place to give care.



OakLeaf Medical Network provides care in a personalized setting. The Network creates value for its patients and participating members by concentrating on the delivery of efficient, accessible medical services.

The OakLeaf Medical Network offers care in more than 40 specializations. They offer patient care through clinics and outreach locations within the OakLeaf Medical Network service region.



EAU CLAIRE CONTINUITY HEALTH CENTER: PREVEA HEALTH



PREVEA ALTOONA MEDICAL OFFICE BUILDING



Area Hospitals

HSHS Sacred Heart Hospital, an affiliate of Hospital Sisters Health System, is a 344-bed acute care hospital that also provides Emergency Medical and Trauma Center and Regional Cancer Center services. The hospital provides neurosurgery, cardiovascular services, women's health, cancer, trauma and critical care. HSHS Sacred Heart Hospital has a level II nursery and a level III trauma center with an adjacent helicopter pad for emergency transport. The hospital is a Primary Stroke Center and offers leading edge medicine that includes advanced technologies in diagnostics, treatment and neurosurgery.

A demonstrated leader in health care technology, HSHS Sacred Heart Hospital is the first in Wisconsin and the first hospital ever of its size to have both a BrainSUITE® with IMRIS intra-operative MRI (iMRI), and BrainSUITE® intra-operative CT (iCT) smart operating suites for neurosurgery, spine and trauma patients. HSHS Sacred Heart uses EPIC for electronic medical records.

HSHS Sacred Heart Hospital is located at 900 W. Clairemont Avenue, just a few blocks from our clinic.



Area Hospitals

OakLeaf Surgical Hospital provides quality elective surgery in Western Wisconsin. The surgical hospital's reputation for superior surgical care is based on its skilled independent physicians and surgeons, experienced staff, outstanding patient care, homelike comforts and enhanced services and amenities. Serving patients from the entire Chippewa Valley, this acute care surgical facility includes seven surgical suites, two GI suites, a pain management center and a 13-bed inpatient care unit.



In June 2020 Oakleaf Surgical Hospital ranked in the top 14 hospitals in the nation for patient satisfaction according to HCAHPS scores. It is also recognized as high performing in knee replacement surgery by U.S. News and World Report. (July 2018)

Today, 60 surgeons in 15 specialties offer surgical procedures at OakLeaf Surgical Hospital on an outpatient or overnight basis. Some areas of specialization include: orthopedics and sports medicine, gynecology, plastic surgery, hand surgery, cosmetic surgery, ophthalmology, gastroenterology, otolaryngology, general surgery, podiatry, urology, and vascular surgery.

The majority of resident rotations take place within Eau Claire, but residents also complete one pediatric inpatient rotation and two weeks of pediatric emergency medicine at **Children's Minnesota**. Children's Minnesota is one of the largest freestanding pediatric health systems in the United States, having locations throughout the Twin Cities area, less than two hours from Eau Claire. It is the only health system and Level I Trauma Center in Minnesota to provide care exclusively to children from before birth through young adulthood.

Residents may also choose electives with other hospitals and clinics that suit their educational needs.



MISSION STATEMENT

“Our mission is to provide excellence in patient care and family medicine education in an open and collaborative atmosphere that encourages professional growth and individual learning.”

Prevea Family Medicine Residency aims to prepare residents to:

- Practice evidence-based medicine.
- Provide equitable care to all patients.
- Practice full spectrum Family Medicine in any setting.
- Be community health leaders.

I had three of the best years of my life here and became the doctor I am today because of it. Eau Claire is a wonderful place to work, live and raise kids. The curriculum is structured and still has enough flexibility to support whatever your future practice aspirations are.

— Jonathan Rief, MD (Graduate)



RESIDENTS VOLUNTEERING IN THE COMMUNITY

PREVEA HEALTH IN EAU CLAIRE

Prevea Health is located in a highly visible and accessible area of the city, close to all resident rotations. The health center has a well-established patient population.

We care for patients in a clean and modern facility within the CVTC health education building.

Our facility includes:

- 18 exam rooms and two procedure rooms
- Designated exam rooms with OMT tables
- Computer, printer and telephone in each exam room
- Electronic medical records (EPIC)
- Individual resident work desks with desktop computers and dual monitors
- Human Patient Simulator laboratory
- Ultrasound suite with OB ultrasound equipment as well as handheld ultrasound for point-of-care option
- Laboratory with expanded draw areas for patient comfort
- Mental health and geriatric counseling rooms
- High-tech conference rooms and lecture halls
- Dermatoscope

The program has a very strong curriculum and I am confident I will be provided every opportunity I need to fulfill my goal of becoming a full-spectrum family medicine practitioner and care for the needs of all.

— Taylor Feuling, MD (Graduate)

PREVEA AUGUSTA HEALTH CENTER

Prevea Augusta Health Center is our rural health center. It is staffed by two family medicine residency faculty and serves the rural community surrounding Augusta. The community has a population of 1,500 and is located approximately 20 miles from Eau Claire.

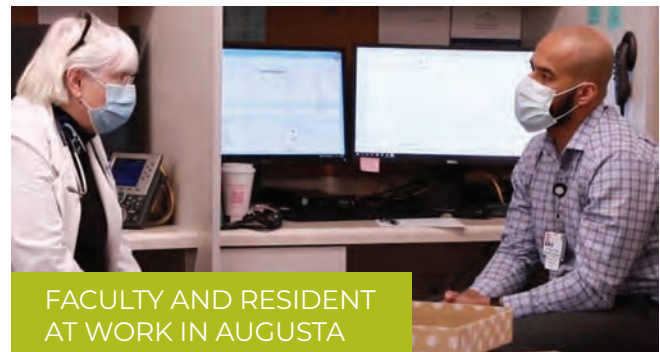
The clinic features:

- Five exam rooms
- Facilities for EKG, colposcopy, ultrasound and other minor procedures and osteopathic manipulation
- Dermatoscope
- An electronic medical record system (EPIC) fully linked with Prevea Health in Eau Claire and Sacred Heart Hospital
- Individual resident work desks with desktop computers and dual monitors

The Augusta program enters the match separately, every other year. Augusta residents have a rural clinical practice in Augusta for their entire three years of residency. Augusta and Eau Claire residents complete the same rotations at Eau Claire and Chippewa Falls hospitals and outpatient clinics.

Residents gain procedure experience at Prevea Augusta Health Center, Prevea Health in Eau Claire and at local hospitals.

In addition to an ample number of OB patients, residents engage in the broad spectrum of family medicine in Augusta, including geriatrics. Residents perform monthly rounds on patients at the Augusta Health and Rehabilitation, a skilled nursing facility.



FACULTY AND RESIDENT
AT WORK IN AUGUSTA

PROGRAM HIGHLIGHTS

- Single-specialty residency program allows for greater first-hand learning experiences
- Accredited through the ACGME with Osteopathic Recognition
- Four MD faculty members, one DO faculty, and an on-site clinical social worker
- The only comprehensive geriatric assessment program in northwest Wisconsin
- 90 volunteer clinical faculty members who work with our residents in a variety of settings
- A long history of training outstanding family physician leaders, demonstrated by more than 230 graduates, the majority of whom have chosen to practice in Wisconsin
- Numerous community outreach activities
- Home visits
- Care of a diverse population including Amish, Hispanic and Hmong families



FOCUS ON RESIDENT SUPPORT

The Prevea Health Family Medicine Residency Program is responsive to the needs and requests of residents.

We have implemented the following initiatives to help our PGY-1 class acclimate to residency:

- Program orientation updated annually based on previous PGY1 class recommendations
 - Targeted examination skills training sessions exclusively for PGY-1 residents
 - Protected time for completion of ABFM Certification Activity, review of ABFM exam questions, procedure logging, and other administrative tasks
 - Regularly scheduled meetings with faculty advisor during the first six months
 - Monthly intern well-being sessions
 - Weekly written and face-to-face feedback about strengths and weaknesses while assigned to the family medicine service
 - Written feedback from staffing faculty for each clinic patient seen for the first few months
 - We encourage a healthy balance between clinical responsibilities and the need for social support and relationship-building with colleagues.
- **Advisor/advisee meetings:** After more frequent meetings during the first six months of residency, twice-annual meetings are scheduled. However, residents are welcome to consult with their advisor or another faculty member at any time.
 - **Individual resident support:** Voluntary individual support and coaching meetings are available with our faculty clinical social worker
 - **An Employee Assistance Program** to provide consultation about personal and work place issues and concerns, methods to address work place conflict, organizational assessment, post-trauma/critical incident consultation and referral to community resources
 - **Support staff** log all in-clinic patient visits for residents

Support activities for all residents include:

- **Res Rap:** A monthly discussion session for residents only
- **Res/Fac Rap:** Twice-monthly session for residents and faculty to discuss issues or concerns or to give updates on current events
- **Monthly Education Committee meeting** for residents and faculty to review and monitor curricular needs of the program
- **Protected time** during weekly Wednesday afternoon educational conferences includes a catered lunch
- **Annual resident/faculty retreat:** A day planned by the chief residents, includes an educational session and recreation for residents and faculty



RESIDENT RETREAT 2023

ELECTRONIC RESOURCES

Our electronic medical record system (EPIC) and computer network provide instant, organized access to patient information. HSHS Sacred Heart Hospital uses EPIC also, locally and through Care Everywhere to most local health systems.

Our digital radiographic equipment offers improved image quality and allows for immediate viewing of X-rays. Images can be transmitted to exam rooms and other areas of the clinic or to a hospital, where they can be interpreted by radiologists and shared with patients.

Each resident is provided a computer to facilitate recordkeeping and access to frequently-used references.

VIRTUAL MEDICAL CENTER

Hands-on experience is the best experience. Through our partnership with CVTC, we provide our residents with a virtual medical center.

Our center has four patient rooms complete with patient bedside monitors, in-line oxygen, suction, X-ray light boxes, and general supplies. There are adult code carts and a pediatric code cart available in the lab. In addition, the control room allows for full audio/video recordings of simulations.

State-of-the-art equipment includes numerous patient simulators: two adult, two pediatric, one six-month-old, one newborn and one preemie; one birthing simulator, one trauma man simulator and one METI live simulator. The mannequins can be programmed to deliver realistic scenarios that quickly change to meet the instructor's goals.

The ultra-sophisticated and highly versatile mannequins blink, speak, breathe, have a heartbeat and pulse, and accurately display human responses to such procedures as CPR, intravenous medication, intubation, ventilation and catheterization.

The HPS is pre-programmed for 100 scenarios including: trauma, cardiac, ACLS, respiratory, medical emergencies, OB, hemodynamic monitoring and pediatric conditions. These scenarios are designed to assist in skill development, differential diagnosis, assessment, treatment management and emergency management skills. Faculty and residents are also free to develop their own scenarios working with CVTC's faculty.



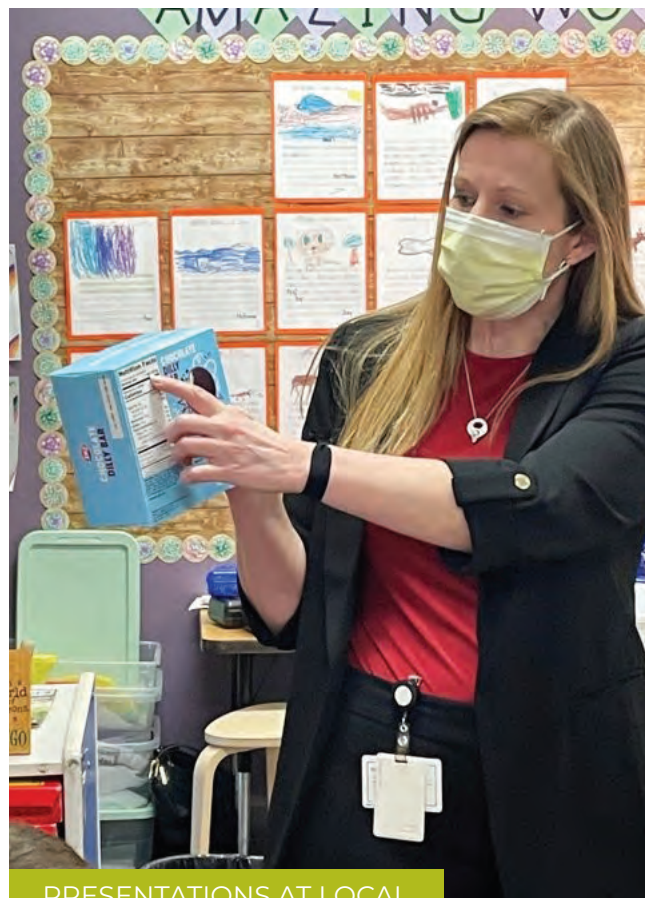
HUMAN PATIENT SIMULATOR



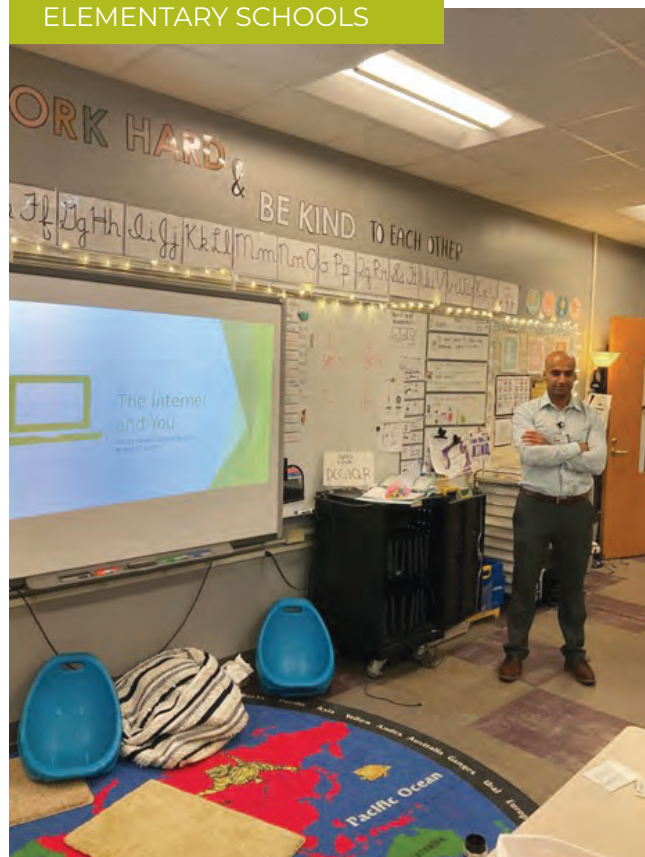
COMMUNITY CONNECTIONS

Some examples of residents' past community involvement and community collaboration include:

- Participation in various medical and mental health awareness events including organized runs/walks
- Hospital committees
- Serving as a board member for the Aging and Disability Resource Center and a committee member with the Substance-free Pregnancy and Recovery Coalition.
- Presentations of health topics at
 - Area elementary and middle schools
 - Northwest Regional Juvenile Detention Center
 - L.E. Phillips Senior Center
 - Chippewa Valley Technical College
 - Various area corporations
- Partnership with CVTC including collaborative use of the virtual medical center, and joint programs with Marquette University School of Dentistry dental clinic, also housed in the Health Education Building
- "Adoption" of an Eau Claire elementary school with a high percentage of students receiving free lunches
- Alliance for Substance Abuse Prevention in Eau Claire County
- Sports physicals for area schools
- Volunteering at the Chippewa Valley Free Clinic
- Preparing meals at the Community Table



PRESENTATIONS AT LOCAL ELEMENTARY SCHOOLS



PROGRAM CURRICULUM

We are resident-centered. Our program embraces evidence-based medicine, competency-based curriculum, and longitudinal and behavioral study. Our program is committed to providing high quality educational and clinical experiences that help meet each resident's career goals.

Curriculum, evaluations and program improvements are designed to ensure residents obtain competence in six core areas: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism and Systems-Based Practice.

Residents in the Statewide Osteopathic Program are also evaluated on osteopathic manipulative medicine, an additional core competency for osteopathic residents.



Evidence-Based Medicine (EBM)

The practice of evidence-based medicine requires lifelong learning and “information mastery” that helps physicians remain up-to-date while improving clinical behavior and patient outcomes. We use EBM in our patient care.

To assist residents to focus on EBM, we provide:

- Computers with internet access for all residents
- Inclusion of an EBM component in virtually all conference topics
- Instruction on practical EBM techniques and critical appraisal of the medical literature
- Evidence-based approach to ordering laboratory tests

Longitudinal Study

Because change occurs in the context of family and culture, we incorporate family and cultural impacts on health in our curriculum and patient care. Our longitudinal approach allows for studying and developing necessary skills throughout the three years of residency training using a variety of settings (clinic, nursing home, hospital, home and community) and methodologies (didactics, workshops, video-recording, joint visits, team assessments, clinic with patient-centered home principles, and collaboration with CVTC learners and community partners). In addition to the structured curriculum for required rotations, longitudinal study includes didactics, competency-based training, patient care, direct observation, video recording and medical simulation.

OUR PROGRAM YEAR CONSISTS OF 13 BLOCKS OF 4 WEEKS EACH

First Year Rotations

Emergency Medicine	4 weeks
Family Medicine Service	8 weeks
General Surgery-Evergreen	4 weeks
Geriatrics	2 weeks
Gynecology - Prevea	4 weeks
Hospitalist-Sacred Heart Hospital	4 weeks
Human Behavior & Mental Health	4 weeks
Longitudinal Block	4 weeks
Inpatient Maternity(Obstetrics)/Pediatrics	8 weeks
Ophthalmology	2 weeks
Pediatrics Inpatient Children's Hospital-St Paul	4 weeks
Pediatrics- Outpatient Prevea	4 weeks

Second Year Rotations

Cardiology	4 weeks
Dermatology	2 weeks
Emergency Medicine	4 weeks
Elective	12 weeks
Family Medicine Service	8 weeks
Longitudinal Block	4 weeks
Inpatient Maternity(Obstetrics)/Pediatrics	4 weeks
Musculoskeletal Medicine (Orthopedics)	4 weeks
Musculoskeletal Medicine (Sports Medicine)	2 weeks
Otolaryngology (ENT)	2 weeks
Pediatrics- Outpatient (Prevea)	4 weeks
Radiology	2 weeks

Third Year Rotations

Clinic	4 weeks
CCU	4 weeks
Electives	14 weeks
Family Medicine Service	4 weeks
Infectious Disease	2 weeks
Longitudinal Block	4 weeks
Inpatient Maternity(Obstetrics)/Pediatrics	4 weeks
Neurology	4 weeks
Occupational Health	2 weeks
Pediatrics-Children's ED-St Paul (2 weeks)	2 weeks
Pulmonology	4 weeks
Urology	2 weeks
Wound Care	2 weeks

Common Electives:

Addiction Medicine

Child Psychology

Clinic Medicine

Emergency Medicine

Endocrinology

Gastroenterology

Nephrology

Non-Invasive Cardiology

Nutrition

Obstetrics

Oncology

Palliative Care

Parenting

Podiatry

Rural Medicine

Urgent Care

Vascular Surgery



RESIDENTS AT OB MOCK CODE AT SACRED HEART HOSPITAL

Cardiology

Working with cardiologists, residents learn to diagnose and treat problems of the cardiovascular system pertinent to family medicine. Residents gain experience working in both inpatient and outpatient settings, and learn the appropriate involvement of specialists and the coordination of health care personnel in the care of the hospitalized patient. Residents become skilled at administering stress tests if they desire.

Critical Care Unit/Intensive Care Unit

By the end of this rotation, residents will be able to diagnose and manage patients with acute and chronic pulmonary and cardiac conditions, including sleep apnea. Residents learn how primary care physicians work with other specialists on a team. Residents also gain knowledge to formulate diagnostic and therapeutic plans for common pulmonary and cardiac diagnoses such as pneumonia, chronic obstructive pulmonary disease, acute respiratory distress, acute kidney failure, cardiopulmonary arrest and pulmonary edema.

Dermatology

During this rotation, residents have hands-on experiences and learn to diagnose and manage dermatologic problems common to family practice, as well as how to properly perform outpatient family medicine dermatologic procedures. We incorporate peer-reviewed basic dermatology curriculum modules prepared by the American Academy of Dermatology for education about additional dermatologic conditions.

Emergency Medicine

Residents gain experience at local hospital emergency departments, as well as the St. Paul Children's Hospital emergency department. Residents learn prompt assessment, intervention and disposition, which are critical skills for an emergency medicine situation. Each resident manages patients as a member of a health care team dealing with multiple simultaneous patient encounters and learns the appropriate use of consultants in this area of patient management.

Family Medicine Service

While on rotation with the Family Medicine Service, PGY1 residents learn to practice inpatient family medicine and use appropriate community resources and hospital interdisciplinary teams (social workers, dieticians, palliative care providers). PGY1 residents also participate in hospital rounding with faculty and senior residents.

As a PGY2 or PGY3, the resident is responsible for direct inpatient care with progressive levels of responsibility. Residents diagnose, provide proper therapeutic management and consult specialists for the common major diseases seen in this inpatient setting. Senior residents also supervise and teach PGY1 residents.

General Surgery

Residents learn to assess patients with potential surgical problems, to care for them preoperatively and postoperatively as appropriate for a family physician.

They also assist the surgeon during operative procedures and in an outpatient setting.

Geriatrics

Residents rotate with a SNFist in a skilled nursing facility as an orientation to providing regular care for geriatric patients throughout residency. Each second year resident is assigned a nursing home panel they follow for 2 years at one of the local nursing homes. Residents participate in our comprehensive geriatric assessment clinic, working as a team with an RN, social worker and geriatrician faculty learning to diagnose and treat common dementias.

Gynecology

The primary educational goal during this rotation is for residents to be able to diagnose and treat gynecologic problems, perform gynecologic procedures appropriate to Family Medicine and know when to appropriately obtain gynecologic consultation.

Hospitalist

During the hospitalist rotation, residents learn to diagnose, treat and manage patients as inpatients on a day-to-day basis. Residents also learn important communication skills required to accept a patient and transfer the patient back to their own primary care physician. Residents contrast continuity of care models to hospitalist care. Throughout their three years of training, residents work with community preceptors and learn firsthand the different medical systems: large medical groups as well as private practice models and hospitalist vs. the traditional continuity care model.

Human Behavior and Mental Health

Residents learn how to care for patients' physical and psychosocial needs. This is accomplished through a four-week rotation, as well as a longitudinal, competency-based curriculum, combined with individual coaching from our faculty clinical social worker. Our clinical social worker teaches major aspects of mental illness, interviewing and assessment skills, family counseling skills, community agency referrals and relaxation techniques. Using a solution-focused approach, residents learn to help patients change the lifestyle factors that impact their health.

Residents also train at a Medication Assisted Treatment Center in Chippewa Falls as well as in their clinic. They will treat patients with MAT in the clinic and hospital.

Infectious Disease

Working with the only infectious disease physician in the area, residents will learn to diagnosis and manage patients with usual, unusual and complex infectious diseases. On this rotation, residents will perform evidence-based history and physical relevant to infectious disease problems including signs and symptoms of fever, weight loss, night sweats, rashes, and other skin changes.

Longitudinal Block

The Longitudinal Curriculum comprises dedicated time to fulfill certain fixed components of the Health Systems Management, Community Medicine, and Resident Well-Being curricula. It allows time to complete other expectations such as presenting talks in the community, participating in community medicine events, working on a quality improvement project and participating in health-focused community initiatives.

Residents will be scheduled for one 4-week longitudinal rotation in each year of residency.

Maternal/Child

Maternity care has long been a strength of the Prevea Health Family Medicine Residency Program. In 2019 the curriculum was revised to include inpatient pediatric care in a combined rotation.

While on rotation at HSHS Sacred Heart Hospital, residents experience low-risk, high-risk and operative obstetrics as well as providing care for the newborn. Residents work

one-on-one with an attending pediatrician to care for all newborn, special care nursery and general acute care pediatric patients.

All family medicine faculty members practice and teach maternity care. Residents attend monthly hospital mock codes and OB department case presentations. Residents may opt to learn obstetrical ultrasound skills for continuity patients in our clinic.

Musculoskeletal Systems/ Sports Medicine

During this rotation, residents learn how to order and interpret appropriate diagnostic tests, diagnose and manage common musculoskeletal problems, and manage pre- and postoperative care of orthopedic patients as appropriate to family medicine. Residents also perform common procedures such as closed reductions, casting, splinting, joint injections and aspirations. Residents attend a local sporting event with team physicians and/or athletic trainers. POC ultrasound training occurs within clinic and hospital.



RESIDENTS AT OB MOCK CODE AT SACRED HEART HOSPITAL

Neurology

Residents on the neurology rotation diagnose and manage common neurological problems and determine when to refer the patient to a specialist. Residents perform specific procedures and learn the role of the neurology specialists, the testing available for neurological diseases and the implications of test results. Residents spend time in the rehabilitation unit learning past stroke and injury treatment as well as gain additional experience with telemedicine.

Occupational Health

Occupational Health is a newly developed curriculum that was created to provide residents with additional understanding of prevention, treatment and rehabilitation of workers. Residents will learn to assist employers in the maintenance of a safe and productive work environment.

Ophthalmology

Residents diagnose and manage ophthalmologic problems and use common ophthalmologic procedures pertinent to family medicine occurring primarily in the outpatient environment. Residents on this rotation perform complete history and physical exams of the ophthalmologic system, use a slit lamp, perform tonometry on patients in the office setting, discuss diagnosis and treatment including appropriate consultation for conjunctivitis and uveitis and recognize and treat corneal abrasions.

Otolaryngology (ENT)

Our preceptors work one-on-one with residents to educate them in diagnosing and managing ear, nose, and throat disorders and assist residents to determine when to refer patients to a specialist. Residents use specialized instruments including the indirect laryngoscope, nasal speculum, head lamp, otoscope and cerumen spoon.



Pulmonology

During this rotation, residents learn to diagnose and manage patients with common pulmonary conditions such as COPD, asthma, pulmonary nodules, pneumonia, pleural effusions and pulmonary embolism. Residents have the opportunity to augment their procedure experience in both the inpatient and outpatient setting.

Pediatrics

Prevea Health Family Medicine residents gain a broad range of pediatric experience in both inpatient and outpatient settings. PGY1 residents complete two maternal/child inpatient rotations. PGY1 residents also spend four weeks on an inpatient team at Children's Minnesota in St. Paul to treat children with acute and chronic illnesses.

Residents in their PGY2 year round out their pediatric training experience with additional four-week rotations scheduled with local pediatricians in their busy outpatient practices. PGY3 residents are scheduled for a two-week rotation at the St. Paul Children's Hospital Emergency Department. This challenging rotation is a favorite among residents. Residents also have a continuity longitudinal experience with a local developmental pediatrician throughout PGY2 and PGY3 years.

Radiology

During the two-week rotation in radiology, residents learn appropriate test selection and participate in invasive imaging and interpreting radiologic images from outpatient and inpatient settings with highly skilled radiologists.

Urology

Residents on this rotation acquire skills to diagnose and manage urological problems as well as skills to properly perform common urological procedures pertinent to family medicine. Residents gain a clear understanding of normal growth, development and variants of urogenital anatomy through the life span. They gain a working knowledge of assessment and treatment of common reproductive tract infections, diseases of the anogenital tract and neoplastic disease of the genital tract. Residents also experience making appropriate referrals to specialists to provide continuity of care for patients with urological problems.

Wound Care

By the end of this rotation, residents will know the basic principles of wound care management and know how to assess, differentiate, and manage venous and arterial ulcerations. Residents will understand principles of preventing and managing diabetic foot ulcerations and their complications and the role of hyperbaric oxygen therapy in the management of chronic wounds. On this rotation, residents will learn through hands on clinical experience at least five half days per week at St. Joseph's Hospital and Eau Claire Wound Care Clinic.



ADVANCED LIFESAVING
IN OBSTETRICS TRAINING

SALARY AND BENEFITS

If you match with the Prevea Family Medicine Residency, you will be a WiNC (Wisconsin Northern & Central) GME Consortium employee. WiNC offers a generous and competitive benefits package for Prevea Family Medicine residents.

Salary

The annual salary rates for residents beginning July 1, 2023 were:

- PGY1-\$65,405
- PGY2-\$67,568
- PGY3-\$69,680

Chief residents receive additional compensation.

Insurance Benefits

The following insurance benefits are available to residents and to their eligible dependents if noted.

Group Health Insurance

Comprehensive health insurance is available for residents, their spouses, eligible dependents, and eligible adult children. Coverage begins on the first day of employment.

Dental Insurance

Dental coverage is available for residents, their spouses, eligible dependents, and eligible adult children. Residents may select from basic dental coverage or a more comprehensive level of coverage.

Vision Care Insurance

Vision care insurance is available for residents, their spouses, eligible dependents, and eligible adult children.

Long Term Disability Insurance

Long-term disability insurance is provided for all residents beginning with the first day of employment.

Group Life and Accidental Death and Dismemberment Insurance:

WiNC will provide a Life and AD&D policy for each resident in the amount of \$50,000. Residents may select additional group life insurance for themselves, or coverage that includes their spouse and eligible dependents.

Accidental death and dismemberment insurance provides a benefit in the event of accidental loss of life, sight, or limb. Residents may select individual coverage, or additional coverage to include their spouse and eligible dependents.

Medical Malpractice

WiNC provides medical malpractice/professional liability insurance for residents. Liability insurance for moonlighting is the individual's responsibility.

Time Away Benefits

Paid Time Off (PTO)

Full-time residents are provided 20 paid days away from the program for vacation, illness or injury, medical/dental appointments, bereavement, job interviews, etc. regardless of training year status. Vacation dates may not conflict with resident duties and must be approved by the Program Director. PTO is not cumulative from year to year.

Leaves of Absence

WiNC recognizes that some residents may need to be away from training in excess of their available Paid Time Off. A leave of absence will be arranged in a way that meets ACGME and ABFM guidelines including, among others, requirements around continuity of care.

Professional Development

Professional Development Time

In addition to Paid Time Off, five additional paid days are available to all residents with the approval of their Program Director to attend professional conferences and other professional development activities. Consistent with ABFM guidelines, these days are for use in the post graduate training year granted, and are not transferable to the subsequent training year.

Professional Memberships

Prevea Family Medicine will pay resident membership dues for:

- The American Academy of Family Physicians (AAFP), which includes membership in the Wisconsin Academy of Family Physicians (WAFP)

For osteopathic residents, program also pays for resident membership dues for:

- American Osteopathic Association (AOA)
- American College of Osteopathic Family Physicians (ACOFP)
- Wisconsin Association of Osteopathic Physicians and Surgeons (WAOPS)

Life Support Courses

Prevea Family Medicine offers a full range of life support courses at no cost to residents. Time away for these courses is considered part of working hours, and not PTO:

- ACLS (Advanced Cardiac Life Support) and ACLS re-certification
- ALSO (Advanced Life Support in Obstetrics)
- NRP (Newborn Resuscitation Program)

Professional Development Funds

In addition to professional memberships and life support courses provided, \$1,000 is provided for each PGY training year for other professional development including conferences, additional life support courses, travel and lodging for away electives, additional professional memberships, books, journals, software, personal stethoscope, computer, tablet, smart phone.

All professional development expenditures are subject to specific reimbursement policies and may require pre-approval.

Board Exams

Step 3 is required and paid for by the program during PGY1 year. Residents are required to take either the ABFM or AOBFPM exam during their third year of residency if eligible. The cost of the initial exam is paid by the program.

Mental Health/Employee Assistance Benefit

Mental Health Benefits

WiNC is aware of the high demands of residency training. In an effort to meet the unique needs of our residents, our Mental Health benefits are designed to assist Prevea Family Medicine residents to obtain the highest quality of mental health care in a confidential manner. All residents have direct access to individual confidential support and counseling for work-related and personal issues through our employee assistance program: MGISComplete Anytime.

CORE FACULTY, RESIDENTS AND PROGRAM STAFF

Prevea Health Family Medicine Residency

Program Director and Faculty



Leif Magnusson, DO | Program Director
leif.magnusson@prevea.com

Dr. Leif Magnusson is originally from Hudson, Wisconsin and completed his undergraduate work at the University of Wisconsin-La Crosse. He graduated from A. T. Still University Kirksville College of Osteopathic Medicine in Kirksville, Missouri. He then commissioned into the United States Air Force and completed a joint military/civilian Family Medicine Residency at Offutt Air Force Base/University of Nebraska Medical Center in Omaha, Nebraska. Dr. Magnusson spent four years in Enid, Oklahoma working at Vance Air Force Base, and completed one deployment to Africa. Dr. Magnusson is developing the point-of-care ultrasound curriculum for the residency. He has completed a faculty development fellowship through the University of North Carolina Medical School.



William Cayley MD, M.Div. | (Eau Claire and Augusta)
william.cayley@prevea.com

Dr. Cayley practices at the Prevea Augusta Health Center and teaches at the Prevea Health Family Medicine Residency Program. Professional interests include Medical Missions & Global Health, Evidence-Based Medicine, cardiovascular disease, and diabetes.

Dr. Cayley is an active member of the World Organization of National Colleges, the Academies and Academic Associations of General Practitioners/Family Physicians and the Society of Teachers of Family Medicine. He is the Book and Media reviews editor for the Journal of Family Medicine and an editor for the Cochrane Heart Group. Bill is a graduate of Fuller Theological Seminary and the Medical College of Wisconsin. He is a resident graduate of the Prevea Family Medicine Residency Program. He is both an Advanced Life Support in Obstetrics (ALSO) and Advanced Cardiac Life Support (ACLS) instructor. He received the honor of induction into the Alpha Omega Alpha Honor Medical Society during the 2013-2014 academic year.



Corina Fisher, MSW, LCSW
corina.fisher@prevea.com

Corina Fisher, MSW, LCSW joined the Prevea Health Family Residency Program in August 2020. Corina earned her bachelor's degree in social work from the University of Wisconsin-River Falls and master's degree in social work from Augsburg University in Minneapolis, Minnesota. Corina has extensive clinical experience working with a variety of patients including those with substance use disorders, personality disorders and adolescent thru geriatric behavioral health. She has served in clinical and supervisory roles while working in the Wisconsin Correctional System, L.E. Phillips Libertas Treatment Center and Prevea Behavioral Care.



Mark Gideonsen, MD | (Eau Claire and Augusta)

mark.gideonsen@prevea.com

Dr. Gideonsen graduated from Northwestern University and Rush Medical College. He completed his Family Medicine residency and maternal-child health fellowship at West Suburban Family Medicine Residency Program in Oak Park, Illinois. For several years, he served inner city Chicago and directed a maternal-child health fellowship. Dr. Gideonsen has been named Educator of the Year by the Wisconsin Academy of Family Physicians.

Dr. Gideonsen serves as co-chair for Eau Claire Healthy Communities, is active with local and regional Amish communities and provides training for Amish traditional birth attendants. He is both a Neonatal Resuscitation Program (NRP) and STABLE instructor. His professional interests include public and community health, research, maternity and pediatric care.



Joan Hamblin, MD | Associate Program Director

joan.hamblin@prevea.com

Dr. Hamblin joined the Eau Claire faculty in 1997 and was named program director in 2012. She graduated from the University of Chicago, Northwestern Medical School and a Family Medicine residency in Charleston, S.C. She previously practiced with the Indian Health Service in Oklahoma and served on faculty at the Bowman Gray School of Medicine, the Medical College of Ohio, and the University of Tennessee, Memphis. She completed a primary care faculty development fellowship at Michigan State University and the National Institute of Program Director Development fellowship. She has an added certification in geriatrics, an Advanced Life Support in Obstetrics (ALSO) instructor and is the medical director of the Eau Claire Geriatric Assessment Clinic, which is a member of a consortium of memory clinics of the Wisconsin Alzheimer's Institute. She was a 2015 recipient of the UW Health Patient Experience Physician Champion Award and the 2019 Outstanding Medical Student Teacher Award from the Medical College of Wisconsin.



Samantha Vouyiouklis, MD

samantha.vouyiouklis@prevea.com

Dr. Vouyiouklis joined the faculty in 2023. She is a native New Yorker, who grew up in Brooklyn, N.Y. A graduate of the Scholars Program at Brooklyn College, she earned her undergraduate degree in Biology with a minor in Chemistry. She graduated from Ross University School of Medicine and is a resident graduate of the Prevea Eau Claire Family Medicine Residency Program.

Dr. Vouyiouklis has special interests in obstetrics, women's health and pediatrics.

Prevea Family Medicine Residency Program Residents

PGY1 Residents



Thulasi Priya Jayaprakash, MD | National Board of Education, St. Philomena's Hospital
thulasi.jayaprakash@prevea.com

Thulasi is from Tirupati, India She graduated from the National Board of Education, St. Philomena's Hospital. Her clinical interests include primary care and geriatrics.

Her interests outside of clinic include spending time with her family, traveling, cooking, shuttle badminton, and arts and crafts.



Srikrishna Karnatapu, MD | All Saints University School of Medicine
srikrishna.karnatapu@prevea.com

Srikrishna is from Calgary, Alberta, Canada. He graduated from All Saints University School of Medicine. His clinical interests include preventive care and nutritional counseling.

His interests outside of medicine include spending time with his family, traveling, cooking and going for walks.



Michael Kholov, MD | Ross University School of Medicine
michael.kholov@prevea.com

Micheal is from Oakville, Ontario, Canada. He graduated from Ross University School of Medicine. His clinical interests include mental health services and preventive medicine.

His hobbies include photography, hiking, cooking and playing the saxophone.



Morgan Kresl, MD | University of Minnesota Medical School
morgan.kresl@prevea.com

Morgan is from Crookston, Minn. She had a desire to serve others through a career in medicine from a very young age and graduated from the University of Minnesota Medical School. She is interested in practicing rural health care and her career interests include women's health, mental health, especially as it relates to physical health and chronic medical conditions, pediatrics, and helping adolescents learn to advocate for themselves and their health.

Her interests outside of work include spending time at the lake with friends and extended family, playing card games, completing jigsaw puzzles, and playing piano.



Shane Nebeck, DO | Des Moines University College of Osteopathic Medicine
shane.nebeck@prevea.com

Shane is from La Crosse, Wis. He graduated from Des Moines University College of Osteopathic Medicine. His interest in medicine started during his work in research and volunteering as an emergency medicine technician.

He enjoys gardening, homebrewing, hiking, camping and fishing.

PGY2 Residents



Whitney Keiffer-Sharp, DO | Pacific Northwest University of Health Sciences
whitney.keiffer-sharp@prevea.com

Whitney is from Lake City, Wash. She graduated from Pacific Northwest University of Health Sciences-College of Osteopathic Medicine. Prior to medical school, she spent two years as an EMT.

Whitney's clinical interests include preventive medicine, women's health and obstetrics.

Her interests outside of clinic includes drawing, reading, walking her dogs and spending time with her family.



Courtney Lynn, DO | Pacific Northwest University of Health Sciences
courtney.lynn@prevea.com

Courtney is from Olympia, Wash. She graduated from Pacific Northwest University of Health Sciences-College of Osteopathic Medicine.

Her interests include singing, cooking, traveling, hiking and trying out new restaurants, along with spending time with her significant other and their pets.



Fallon Peplinski, DO | Liberty University's College of Osteopathic Medicine
fallon.peplinski@prevea.com

Fallon is from Appleton, Wis. She graduated from Liberty University's College of Osteopathic Medicine.

Her interests include baking, playing team sports, and spending time with her husband and pets.



Nicole Schmitz, DO | A.T. Still University-Kirksville College of Osteopathic Medicine
nicole.schmitz@prevea.com

Nicole is from Loyal, Wis. She graduated from A.T. Still University-Kirksville College of Osteopathic Medicine.

Nicole is interested in practicing family medicine in rural Wisconsin.

Her interests outside of clinic include spending time outdoors playing hockey, snowmobiling, fishing, and riding ATV with her husband and dog.



Justin Sporleder, MD | Medical College of Wisconsin
justin.sporleder@prevea.com

Justin is from Oak Creek, Wis. He graduated from the Medical College of Wisconsin.

His interests outside of clinic include biking, skiing, camping, canoeing, watching movies and playing chess online.



Tyler Weyer, MD | University of Wisconsin School of Medicine and Public Health
tyler.weyer@prevea.com

Tyler is from Baldwin, Wis. He graduated from the University of Wisconsin School of Medicine and Public Health.

His interests include spending time with his wife and daughter and is an avid daily runner who enjoys endurance races.

PGY3 Residents



Sudhakar Basetty, MD | Kurnool Medical College
sudhakar.basetty@prevea.com

Sudhakar Basetty was born and raised in the southern part of India. He always wanted to pursue primary care and feels so proud to be the first physician in his family.

His clinical interests include geriatric medicine, clinical research and addiction medicine and hopes to settle in an academic family medicine program where he has the opportunity to teach medical students, train residents and conduct primary care research along with his clinical practice.

Outside of clinic, Sudhakar enjoys traveling, gardening, playing cricket and spending time with his family.



Joshua Jagodzinski, DO | A.T. Still University - Kirksville College of Osteopathic Medicine
joshua.jagodzinski@prevea.com

Joshua grew up in Wisconsin Rapids, Wisconsin. He has an older brother and a younger sister.

His clinical interests are sports medicine, lifestyle medicine and nutrition. He plans to practice family medicine in his home state of Wisconsin.

His interests outside of medicine include fitness and weightlifting, electronic dance music and trying new healthy snack options.



Mark Washburn, DO
Lincoln Memorial University - Debusk College of Osteopathic Medicine
mark.washburn@prevea.com

Mark was born and raised in Farmington, New Mexico.

He previously worked in the oil and gas industry for nine years. He enjoyed the complex problem solving and responsibility of engineering, but made the decision to pursue medicine because of his passion for service and the desire to benefit people's lives more directly.

His clinical interests include full spectrum medicine for the whole family. He has a strong interest in Osteopathic Manipulative Medicine.

Outside of work, Mark enjoys finding adventure outdoors with his wife and four very active kids. He also enjoys carpentry, chess and reading.



Cory Zastrow, DO
Campbell University Jerry M. Wallace School of Osteopathic Medicine
cory.zastrow@prevea.com

Cory was born in Santa Ana, California and has lived in many states. He is the fifth of six children in the family.

He previously worked with grant administration at the Utah Department of Health.

His clinical interests include palliative medicine, geriatrics, and musculoskeletal and sports medicine.

His interests outside of medicine are golf, fishing, hunting, and spending time with his family.

CONTACT INFORMATION

Residency Program Office

residencyinquiry@prevea.com or (715) 839-5177



wincgme.org

<https://www.wincgme.org/prevea-health-family-medicine-residency>



Follow us on Facebook

[https://www.facebook.com/ECFMResidency/Prevea Health Residency Program](https://www.facebook.com/ECFMResidency/Prevea-Health-Residency-Program)



Follow us on Instagram

@prevearesidency.ec

PREVEA FAMILY MEDICINE RESIDENCY FREQUENTLY ASKED QUESTIONS

How will I be supported as a resident?

- Social activities scheduled throughout academic year
- Formal teambuilding
- Res Rap (resident only meetings) held once/month
- Intern skills-building sessions held weekly including resiliency and stress management exercises
- 24/7 mental health access

What are the educational conferences and teaching like?

- Three and a half hours each week for lectures, workshops, human patient simulator lab, etc.
- Protected time (unless on call for medicine or OB service)
- Opportunities for residents to present at HSHS Sacred Heart Hospital grand rounds
- Faculty and community preceptor teaching with interactive style strongly encouraged
- Resident team and individual presentations

Are meals covered?

- All residents have access to food in the physician's lounge 24/7 at HSHS Sacred Heart Hospital where most of your inpatient clinical work occurs.

Can the residency help my significant other find employment?

- Yes. Due to our 45-year history in the community, we have developed many relationships with community members who will be happy to assist.

What are the salary and benefits for the residents?

- Please see the resident benefits page in this booklet.

What are the housing opportunities like?

- Eau Claire has a wide variety of housing options for purchase or rent. We have many houses, condos and apartments to choose from, in various locations from downtown to rural settings.

How does obstetrics fit into the curriculum?

- Our blended maternal/child rotation allows residents to care for both mother and newborn, as well as admitting and following pediatric patients
- Residents who plan to practice OB have additional learning options for elective rotations with increased volume and more complex cases

What kind of procedures will I learn?

Required Procedures

- Biopsies
- Joint injections
- Laceration repair
- Lesion removal
- Medication-Assisted Treatment (MAT)
- Pap smear collection
- Skin excision
- Spirometry

Additional Procedures

- Prolotherapy
- OB/POC ultrasound
- Circumcision
- IUD/Nexplanon placement and removal
- Vasectomy
- Colposcopy / LEEP
- Cardiac stress testing

As a resident, will I have a voice in decision-making?

Yes. Residents contribute to program evaluation and improvement formally and informally through:

- Res/Fac Rap monthly meetings
- Semi-annual advisor/advisee meetings
- Annual program evaluation meetings
- Annual Program evaluation survey

- Informal interactions with program director, faculty and chief residents
- Opportunity to serve on the Program Evaluation Committee

Recent program changes based on resident input:

- Work experiences (cap on number of inpatients)
- Creating optimal rotation requirements to enhance clinical expertise
- Post-call resident clinic scheduling
- Elective opportunities
- Retreat
- Medicine assisted treatment for patients
- Technology support

Does the residency have a "night float" system?

We have experimented with this system and did not find it beneficial for our residents.

Are residents involved in teaching medical students?

There are regularly scheduled opportunities for residents to teach medical students. Most medical students are from the Medical College of Wisconsin or osteopathic schools.

Are there global health opportunities?

Several opportunities are available through the residency faculty, and others from community preceptors. Residents may also arrange a global health experience tailored to their individual interests.

Are there rural medicine opportunities?

Residents may choose electives in one of many rural clinic sites in the area, including Prevea Augusta Health Center.

Are there moonlighting opportunities available?

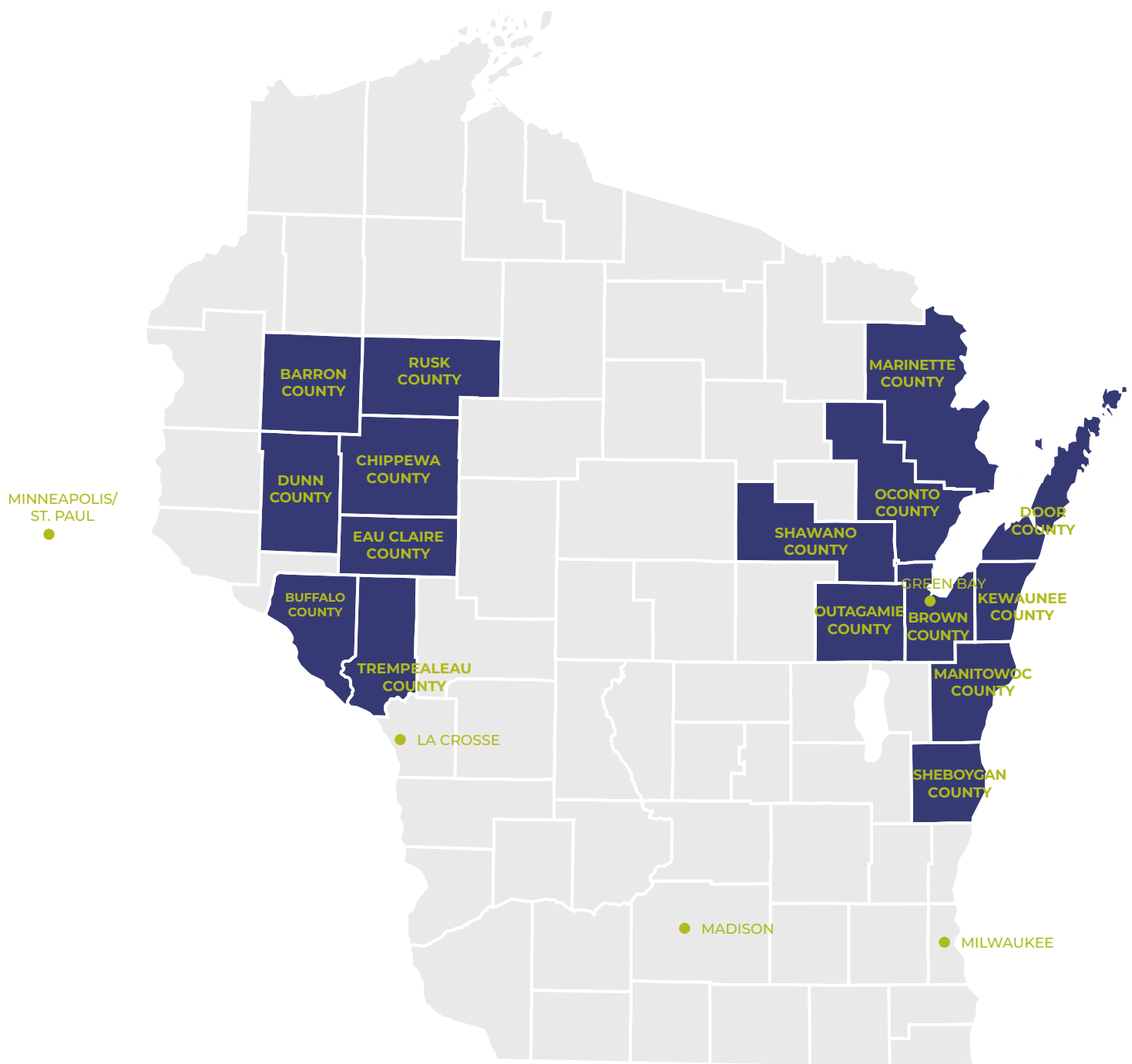
Yes. Many second and third year residents choose to moonlight either locally or in smaller communities nearby.

What will most residents do when they graduate?

Residents train for full-spectrum family medicine practice and are prepared for a wide variety of career options. The flexibility of our program allows residents to choose their second and third year electives to meet the expected needs of their future employers. Recent graduates have entered the following types of practice:

- Full spectrum with and without OB including C-sections
- Hospitalist
- ER/Urgent care
- Outpatient only practices in solo, large multi-group specialty clinics, Indian Health Services, FQHC, fellowships and academic practice

MORE ABOUT PREVEA HEALTH



PREVEA TIMELINE

1996 to 2022

Prevea was founded in 1996 when physicians from the West Side, Webster and Beaumont clinics partnered with HSHS St. Vincent Hospital and HSHS St. Mary's Hospital Medical Center in Green Bay.

In a very short time, Prevea established itself as a cornerstone of community health care. As an integrated multispecialty group, we offer services that can't be found anywhere else in Northeast and Western Wisconsin.

Our Mission:

To take care of people with passion, pride and respect.

Our Vision:

The best place to get care.
The best place to give care.

1996

- Webster Clinic, Beaumont Clinic and West Side Clinic merged to form Prevea in partnership with HSHS St. Vincent Hospital and St. Mary's Hospital Medical Center.

1998

- Expanded care to our regional markets through Prevea Regional Services, Inc.

2002

- Went live on EPIC.

2006

- First Prevea Urgent Care opened in Green Bay.

2008

- Aligned with HSHS St. Nicholas Hospital through a physician services agreement.

2009

- Ashok Rai, MD, was named President and CEO.
- Further aligned with HSHS St. Vincent Hospital through a physician services agreement.

2013

- Partnered with HSHS St. Vincent Hospital and Dean Health Plan to launch Prevea 360 Health Plan.

2014

- Managed our first RHC clinics in Gillett, Lena, Mountain, Oconto Falls and Suring.
- Signed 200th physician.
- Aligned with HSHS St. Clare Memorial Hospital in Oconto Falls through a physician services agreement.

2015

- Aligned with HSHS Sacred Heart Hospital in Eau Claire through a physician services agreement.

2017

- The Family Medicine Residency Program in Eau Claire and Augusta joined Prevea Health.

2018

- Prevea and HSHS Eastern Wisconsin hospitals launched a mobile 3-D mammography unit.

2019

- Expanded our services to the south by opening a clinic in Appleton.

2020

- Established Green Bay's first physician \ residency program in partnership with HSHS St. Vincent and St. Mary's Hospitals in WiNC.
- Launched mobile MRI services in Manitowoc, Menomonie and Ladysmith health centers.

2021

- Prevea and HSHS hospitals in Western Wisconsin launched a mobile 3-D mammography unit.

2022

- Prevea's first ASC is scheduled to open in spring.

RESIDENT WELLNESS



RESIDENT WELCOME PICNIC



