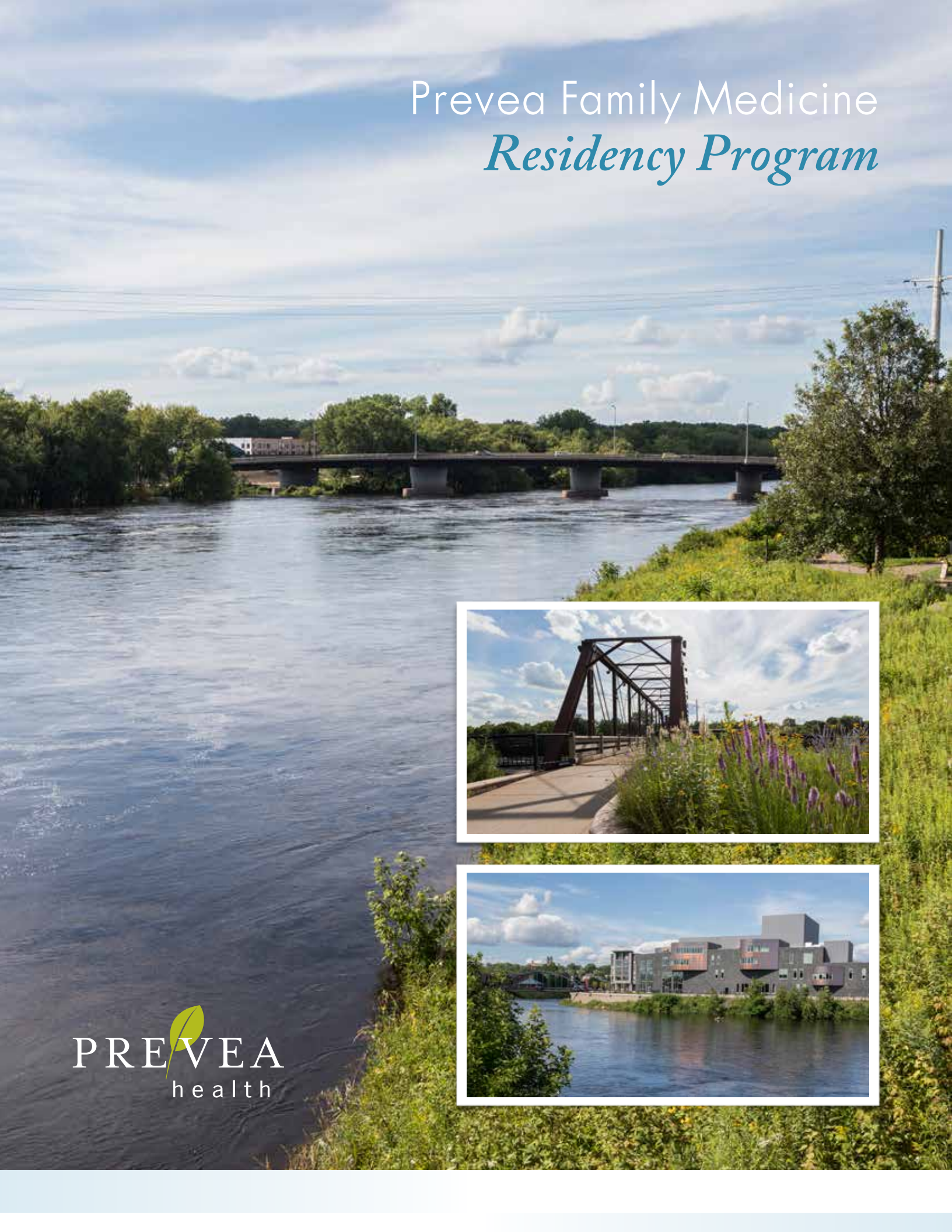


Prevea Family Medicine *Residency Program*

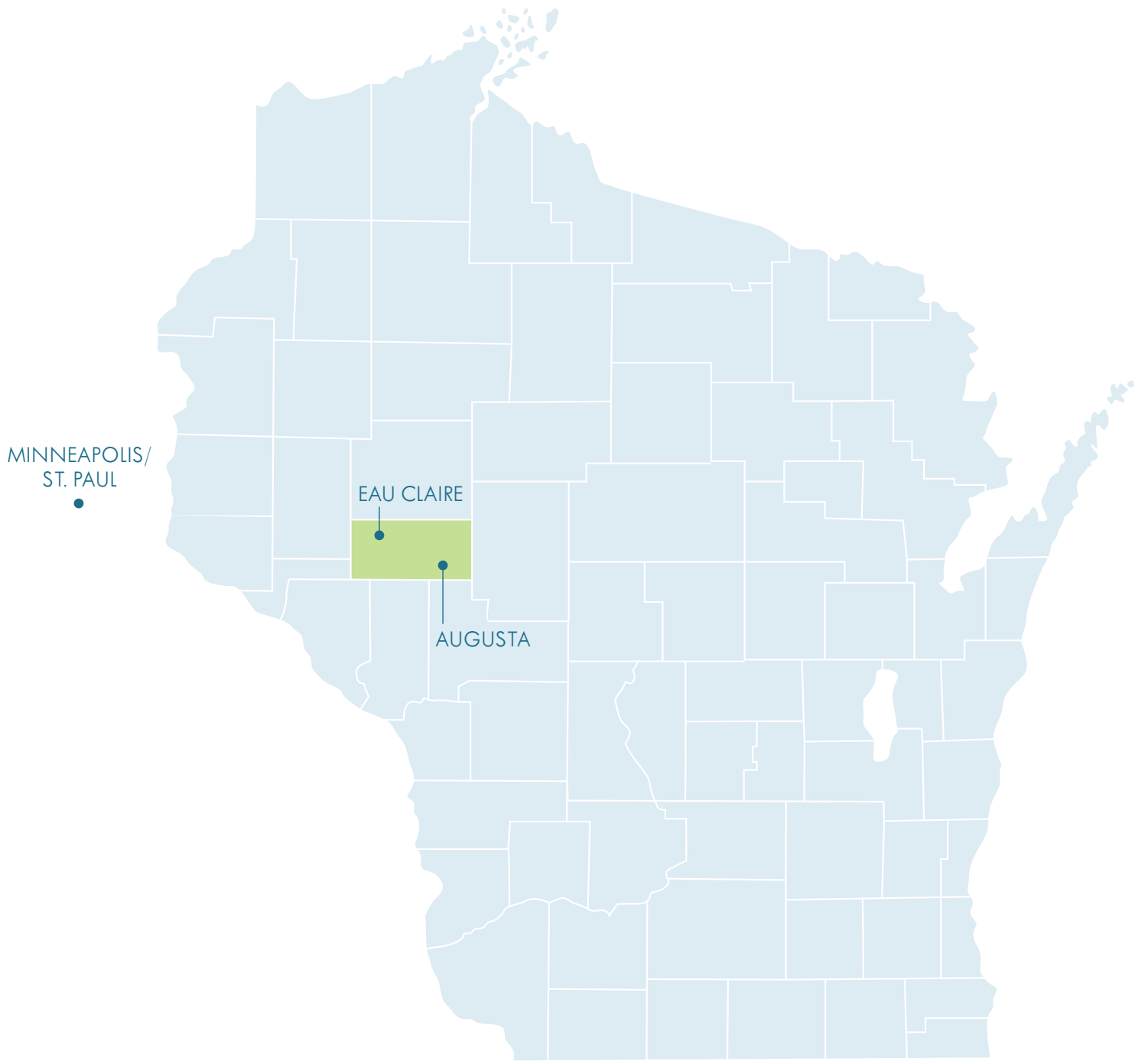


PREVEA
health



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Welcome to *Eau Claire!*

This booklet introduces the city of Eau Claire, the Prevea Family Medicine Residency Program, the faculty and staff of the program, and our rural program in Augusta. We make a difference in the Eau Claire area.

HERE ARE A FEW REASONS TO JOIN OUR OUTSTANDING PROGRAM:

Single Specialty Residency: Our family medicine residency program provides rigorous full-spectrum training with the support of the Medical College of Wisconsin and University of Wisconsin School of Medicine and Public Health, our academic partners.

Expert faculty: You will benefit from our passion for excellence in patient care and teaching. Our core faculty members have more than 100 years of combined residency teaching experience! Members of our faculty have been recognized by the University of Wisconsin as *Teacher of the Year*, *Family Physician of the Year* and *Physician Champion*, and by the Medical College of Wisconsin as *Outstanding Medical Student Teacher*. We are also proud of our certificate of recognition for Extraordinary Service from the Wisconsin Alzheimer's Institute.

State-of-the-art technology: See patients in our beautiful health center outfitted with the latest technology, including human patient simulators in a Virtual Medical Center.

Diverse practice settings: Our educational and practice partnerships create learning opportunities rarely available in a community-based residency program, including working with Hmong, Hispanic and Amish populations. You may focus your electives in either an urban or rural area.

Community involvement opportunities: Residents are active in the community, presenting at area elementary and middle schools, at the juvenile detention center, to Chippewa Valley Technical College students, staff and professional organizations, and to local businesses. Residents also participate in community events such as the Alzheimer's Association Fall Education Conference.

Full-spectrum family medicine: We offer comprehensive procedure training through an established, competency-based curriculum from OB and MSK ultrasound and c-sections to stress testing and behavioral therapy skills. Our faculty will assist you in designing an educational experience to meet your individual career goals.

ACGME accreditation: Our program received reaccreditation from the Accreditation Council for Graduate Medical Education (ACGME) in January 2020. In April 2020, the ACGME Osteopathic Principles Committee granted continued osteopathic recognition to the program.

Statewide Osteopathic Program: Osteopathic residents receive robust training locally and through our participation in the statewide osteopathic program sponsored by the University of Wisconsin School of Medicine and Public Health.

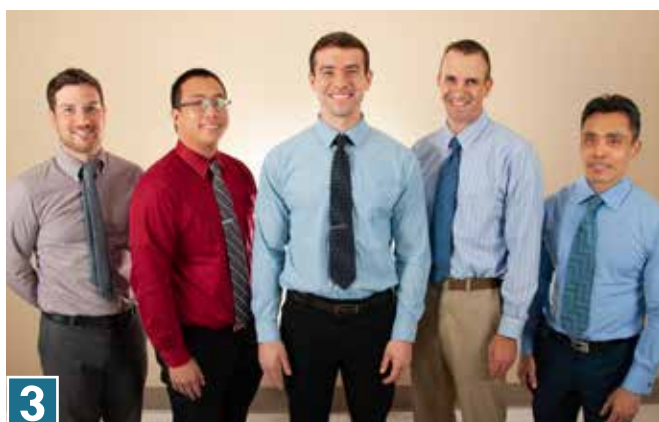
Teaching opportunities: Throughout the year, Medical College of Wisconsin students, visiting students from other medical schools, as well as other allied health professional students do rotations both in the clinic and at the hospital with our residents.

A great place to live: Low cost of living, year-round outdoor recreation and opportunities to experience music and the arts make Eau Claire a great place for you and your family.

Join us in Eau Claire!

Prevea Health Family Medicine *Residency Program Photos*

1. 2021 graduates
2. Prevea Health Residency Program faculty
3. PGY1 Residents 2021-2022
4. Residents and Dr. Nixon at CVTC Virtual Hospital



The Best of *Western Wisconsin*

Our Vibrant Region

Eau Claire is located in the Chippewa Valley of west central Wisconsin, 90 miles east of the Twin Cities. With a population of more than 70,000, Eau Claire is the eighth largest city in the state, but still has the small-town benefit of an average commute of 13 minutes.

Livability.com recently named Eau Claire one of the most livable small to midsize cities in the U.S., with high scores in housing, health care and economics. Eau Claire has also been designated an All-American City by the National Civic League. This award, given to only 10 U.S. cities, was based on demonstrated innovation, inclusiveness, civic engagement and cross-sector collaboration.

Eau Claire's history is tied to the lumbering industry. Our rich forests, rolling hills and clear water drew early pioneers here. The settlement they established continues to be the region's center of activity and many of the institutions they founded still serve the community. We have a diverse and expanding economic base in manufacturing, health care, information technology and education. There are also multiple cultural and entertainment opportunities.

The combined factors of affordable housing, thriving industries, low crime rates, top-rated schools, easy access to high-quality health care, inviting indoor and outdoor recreational activities and abundant green spaces make Eau Claire an outstanding place to live and work.

Retail and Dining Variety

Oakwood Mall is the largest shopping center in Eau Claire with major department stores, a food court, a children's play area and a 12-screen movie theatre.

Many unique shops and eateries are located along the Chippewa River on historic Water Street. The nearby downtown area showcases specialty shops, antique and art dealers, a quilting store and gift shops.

A large and growing number of restaurants are located throughout the city and surrounding area. Fast food franchises provide convenient options, and other locally-owned restaurants provide fine dining experiences. Many ethnic establishments lend to a variety of culinary choices.

Several large supermarkets, along with smaller Asian and Mexican grocery stores, make grocery shopping convenient. Eau Claire also has amazing farmers' markets that operate in various parts of town during the summer and fall months, supplying fresh locally-grown produce.



CARSON PARK



A WATER STREET INSTALLATION OF EAU CLAIRE'S SCULPTURE TOUR

Area Educational Excellence

The Eau Claire area is home to several institutions of higher learning.

Ranked among the top regional public universities in the Midwest, University of Wisconsin-Eau Claire (UWEC) offers about 80 undergraduate programs and 14 graduate programs (including one doctoral program) in a wide range of majors and minors. Students have opportunities to do research, study abroad and to become involved in campus organizations.

UWEC has consistently earned citations in *U.S. News & World Report's* "America's Best Colleges" guide. It was also named one of MONEY's Best Colleges for your Money 2019.

University of Wisconsin-Stout is within easy driving distance in Menomonie, Wis. UW-Stout was designated Wisconsin's Polytechnic University by the UW System Board of Regents in spring 2007.

Chippewa Valley Technical College (CVTC) is part of the Wisconsin Technical College System which includes

16 colleges located throughout the state. CVTC has a nationally-recognized faculty, and state-of-the-art facilities and equipment. Partnerships with area business and industry leaders provide students with hands-on experience in real-life settings. CVTC offers 97 programs, 31 certificates, and 13 apprenticeships.

Primary and Secondary Education

The Eau Claire Area School District, with an enrollment of approximately 11,000 students, is the ninth largest school district in Wisconsin. There are 12 public elementary schools in the district, one early learning center, three middle schools, two high schools and two charter schools.

Faith-focused education is also available in Eau Claire. The Catholic Area Schools of the Eau Claire Deanery (CASE) have three pre-schools, three elementary schools, one middle school, and one high school. Other parochial schools include Bethel Christian School, Crestview Academy, Eau Claire Lutheran School, St. Mark Evangelical Lutheran School, Messiah Lutheran School and Immanuel Lutheran High School.



UNIVERSITY OF WISCONSIN – EAU CLAIRE



CVTC BUSINESS EDUCATION CENTER

A Place to Call Home

Eau Claire's scenic surroundings provide appealing settings to call home. Both owners and renters find attractive homes and apartments in a range of prices. The city has distinct neighborhoods with houses or apartments in a variety of styles, some new and others with beautiful historic charm.

Fill Your Free Time

Although there are changes due to COVID-19, we hope many of our community activities will soon be restored. There are 20 university varsity sports teams playing throughout the academic year. Or, you can choose to be a spectator at one of Eau Claire's amateur or college summer league baseball or football games. If you prefer to take part in the action, the parks and recreation department offers adult volleyball and softball teams, and opportunities for swimming, ice skating, hockey, broom ball, soccer and other sports. Eau Claire is the Kubb capital of the world!

Eau Claire maintains approximately 1000 acres of parkland, and 30 miles of recreation trail. City sports and athletic facilities include softball/baseball fields, football fields, soccer fields, ice rinks, boat landings and volleyball courts. The Chippewa River State Trail runs between

Eau Claire and Durand and is part of the Wisconsin state trails network. The trail is connected to the Red Cedar State Trail and, over the next few years, will be connected to the Old Abe State Trail. The trail system supports bicycling, walking, running, in-line skating, cross-country skiing and snowmobiling. Lakes are abundant in the area and the Chippewa and Eau Claire rivers run through the city. This means easy access to water activities like tubing, kayaking, canoeing and fishing.

Those interested in arts and entertainment will be pleased with the wide variety of events available in Eau Claire. The UWEC Music & Theatre Arts department presents more than 200 concerts and recitals annually. The Pablo Center at the Confluence offers two theaters, art galleries and other venues to support the performing, literary and visual arts in Eau Claire.

Outdoor concerts featuring a variety of bands and musical styles are offered throughout the summer at Phoenix Park, Owen Park, River Prairie Park and Dove Healthcare. The Chippewa Valley Symphony provides an excellent symphonic experience to audiences in the Chippewa Valley.

The Chippewa Valley Theatre Guild and the Eau Claire Children's Theatre, both amateur companies, provide opportunities to view a variety of plays year-round.



CHIPPEWA RIVER



SOUNDS OF SUMMER CONCERT AT PHOENIX PARK

Getting Around

The Chippewa Valley Regional Airport serves the Eau Claire area with twice-daily flights to Chicago through United Airlines. Shuttle services are also available to the Minneapolis/St. Paul airport.

Greyhound bus service offers transportation to many major cities across the country and to smaller communities in Wisconsin.

Eau Claire also has a city transit system which provides the benefits of low-cost fares and decreased traffic congestion. The transit system has 12 bus routes that cover all of Eau Claire and go as far as neighboring Altoona. Major employment centers, retail centers, residential neighborhoods and UWEC are included on the routes. If you prefer, Eau Claire has Uber and Lyft and several taxi companies to get you where you want to go!

Really Rural Augusta

Augusta is located 20 miles southeast of Eau Claire on State Highway 12. The Augusta area was settled in the mid-19th century by German, Scandinavian and other European immigrants. Today, Augusta has a vital Amish community.

Augusta has a population of 1,550 and is located in the middle of beautiful west central Wisconsin with rolling hills, lakes, rivers and streams, forests, and charming open spaces. The area is known for its family dairy farms, small apple orchards, grain farming, artisan cheese production, tourism and outdoor recreation.

Low crime rates, fresh air, a moderate real estate market, and an industrious population make Augusta a great place to live and work.



DELLS MILL, OUTSIDE OF AUGUSTA

Our Award-Winning City

SmartAsset.com ranks Eau Claire #5 on its list of Most Livable Small Cities in the U.S. based on ten metrics. June 2021

Charming City

Travelmag.com included Eau Claire as one of the 10 most charming towns and small cities in Wisconsin on its 2021 list.

Schools.com ranks Eau Claire #5 on its list of the Top 20 Best College Towns in the U.S. – October 2019 and

CollegeGazette.com ranks Eau Claire in the top 10 best college towns and called it one of “the most dynamic college towns in the Midwest.” January 2020

Eau Claire ranks #5 on LendEDU.com’s list of Most Affordable Homes in the U.S. using data from the U.S. Census Bureau and the Harvard Joint Center for Housing Studies. December 2019

2020 Top 100 Best Places to Live

“Not only is Eau Claire an affordable place to live or start a business, but it’s also ripe with opportunity right now. The Eau Claire economy is growing, lots of development is underway and unemployment is low. Plus, Eau Claire is an incredible place to raise a family. The schools are fantastic, your neighbors will welcome you with open arms, and you’ll never get bored thanks to the area’s many activities, arts and entertainment options and green spaces to explore. With a population of 68,000 people, Eau Claire is just the right size, too.” Livability.com, 2020

Smartasset.com ranks Eau Claire #6 on their list of Top 10 Places to Live on a \$60,000 salary.

America’s Best Small Cities to Move to Before They get too Popular

Thrillist Travel included Eau Claire in this list of 15 small cities in 2018.

2021 Board of Health of the Year was awarded to the Eau Claire City-County Board of Health by the Wisconsin Association of Local Health Departments and Boards. The board was nominated due to their strong population health advocacy, their commitment to excellence and their caring for all members of the community, particularly those that are most vulnerable.

All-American City 2014

The National Civic League presents this award to only 10 U.S. cities each year, based on innovation, inclusiveness, civic engagement and cross-sector collaboration. Eau Claire received this status in June 2014.

Member of Wisconsin’s Green Tier Legacy Communities Program

This DNR program recognizes municipalities that are achieving superior environmental performance. Eau Claire became an eco-municipality in 2012.

UW-Eau Claire ranked in Money magazine’s ‘Best Colleges for Your Money’

The University of Wisconsin-Eau Claire is the second-highest ranking public regional university from Wisconsin and Minnesota in Money magazine’s 2020 “Best Colleges for Your Money” rankings.

eauclairewi.gov/our-city/eau-claire-awards-and-recognitions



EAU CLAIRE’S CENTER FOR THE ARTS: PABLO CENTER AT THE CONFLUENCE

Area Clinics *and Hospitals*

Our residents have the opportunity to work at several area clinics and hospitals. Each facility is unique and offers residents a first-hand experience that may help them determine the type of practice they wish to enter upon graduation.

Area Clinics



The residency's two continuity clinics in Eau Claire and Augusta are **Prevea Health** centers, and faculty and staff are Prevea employees. In addition to working with Prevea in our own clinics, residents are assigned to Prevea preceptors for several rotations in Eau Claire and Chippewa Falls.

Prevea Health is based in Green Bay, Wisconsin. It is the largest physician-owned multi-specialty group in Wisconsin. With 40 locations throughout northeast Wisconsin and western Wisconsin's Chippewa Valley, their presence is growing on our side of the state. Prevea strives to be the best place to get care and the best place to give care.



EAU CLAIRE CONTINUITY HEALTH CENTER: PREVEA HEALTH

Area Clinics



Oakleaf Medical Network provides care in a personalized setting. The Network creates value for its patients and participating members by concentrating on the delivery of efficient, accessible medical services.

The Oakleaf Medical Network offers care in more than 40 specializations. They offer patient care through clinics and outreach locations within the Oakleaf Medical Network service region.



PREVEA ALTOONA MEDICAL OFFICE BUILDING

Area Hospitals



HSHS Sacred Heart Hospital, an affiliate of Hospital Sisters Health System, is a 344-bed acute care hospital that also provides Emergency Medical and Trauma Center and Regional Cancer Center services. The hospital provides neurosurgery, cardiovascular services, women's health, cancer, trauma and critical care. HSHS Sacred Heart Hospital has a level II nursery and a level III trauma center with an adjacent helicopter pad for emergency transport. The hospital is a Primary Stroke Center and offers leading edge medicine that includes advanced technologies in diagnostics, treatment and neurosurgery.

A demonstrated leader in health care technology, HSHS Sacred Heart Hospital is the first in Wisconsin and the first hospital ever of its size to have both a BrainSUITE® with IMRIS intra-operative MRI (iMRI), and BrainSUITE® intra-operative CT (iCT) smart operating suites for neurosurgery, spine and trauma patients. HSHS Sacred Heart uses EPIC for electronic medical records.

HSHS Sacred Heart Hospital is located at 900 W. Clairemont Avenue, just a few blocks from our clinic.



HSHS SACRED HEART HOSPITAL

Area Hospitals

Oakleaf Surgical Hospital provides quality elective surgery in Western Wisconsin. The surgical hospital's reputation for superior surgical care is based on its skilled independent physicians and surgeons, experienced staff, outstanding patient care, homelike comforts and enhanced services and amenities. Serving patients from the entire Chippewa Valley, this acute care surgical facility includes seven surgical suites, two GI suites, a pain management center and a 13-bed inpatient care unit.



In June 2020 Oakleaf Surgical Hospital ranked in the top 14 hospitals in the nation for patient satisfaction according to HCAHPS scores. It is also recognized as high performing in knee replacement surgery by U.S. News and World Report. (July 2018)

Today, 60 surgeons in 15 specialties offer surgical procedures at Oakleaf Surgical Hospital on an outpatient or overnight basis. Some areas of specialization include: orthopedics and sports medicine, gynecology, plastic surgery, hand surgery, cosmetic surgery, ophthalmology, gastroenterology, otolaryngology, general surgery, podiatry, urology, and vascular surgery.



The majority of resident rotations take place within Eau Claire, but residents also complete one pediatric inpatient rotation and two weeks of pediatric emergency medicine at Children's Minnesota. Residents may also choose electives with other hospitals and clinics that suit their educational needs.

Mission *Statement*

“Our mission is to provide excellence in patient care and family medicine education in an open and collaborative atmosphere that encourages professional growth and individual learning.”

Prevea Family Medicine Residency aims to prepare residents to:

- Practice evidence-based medicine.
- Practice full spectrum Family Medicine in any setting.
- Be community health leaders.

“I have been very happy at the Eau Claire program and am so grateful that I ended up here. When I run into my colleagues I am happy to see them, and enjoy spending time with them outside of work.

A work-home balance has been quite attainable, especially in first year, with a schedule that is flexible. Details such as living 5 minutes away from both hospitals, and living in a pleasant, character-filled town that is easy to get around have also made my experience better.

I have enjoyed seeing specialists and other providers in the doc lounge rather than having a separate resident lounge, casually asking questions about patients, and learning from them, getting to know them.”

— Thomas Steigerwald, MD (graduate)



2021 INCOMING RESIDENT ORIENTATION

Prevea Health *in Eau Claire*

Prevea Health is located in a highly visible and accessible area of the city, close to all resident rotations. The health center has a well-established patient population.

We care for patients in a clean and modern facility within the CVTC health education building.

Our facility includes:

- 18 exam rooms and two procedure rooms
- Designated exam rooms with OMT tables
- Computer, printer and telephone in each exam room
- Electronic medical records (EPIC)
- Individual resident work desks with desktop computers and dual monitors
- Human Patient Simulator laboratory
- X-ray suites, completely upgraded in 2021
- Ultrasound suite with OB ultrasound equipment as well as handheld ultrasound for point-of-care option
- Laboratory with expanded draw areas for patient comfort
- Mental health and geriatric counseling rooms
- High-tech conference rooms and lecture halls
- Dermatoscope

"I'm extremely grateful to be a part of the Prevea Family Medicine program. We are given great training and the tools that we need to pursue full-spectrum family medicine. The attendings, community physicians, and specialists truly care about teaching. Everyone at the program office is kind and helpful. I think the program does an amazing job at recruiting kind, family-oriented, and hard-working residents – we are able to learn together and also have a great time outside of work!"

— Yuliya Perepelitsa, MD

"Being the Augusta resident in this program has been far greater than I could have expected. All the staff and faculty I get to work with are incredibly supportive. I have gained so many unique experiences from working in a rural clinic that reaches a diverse and under-served population."

— Kiesha Bullock, MD

Prevea Augusta *Health Center*

Prevea Augusta Health Center is our rural health center. It is staffed by two family medicine residency faculty and serves the rural community surrounding Augusta. The community has a population of 1,500 and is located approximately 20 miles from Eau Claire.

The clinic features:

- Five exam rooms
- Facilities for EKG, colposcopy, ultrasound and other minor procedures and osteopathic manipulation
- Dermatoscope
- An electronic medical record system (EPIC) fully linked with Prevea Health in Eau Claire and Sacred Heart Hospital.
- Individual resident work desks with desktop computers and dual monitors

The Augusta program enters the match separately, **every other year**. Augusta residents have a rural clinical practice in Augusta for their entire three years of residency. Augusta and Eau Claire residents complete the same rotations at Eau Claire and Chippewa Falls hospitals and outpatient clinics.

Residents gain procedure experience at Prevea Augusta Health Center, Prevea Health in Eau Claire and at local hospitals.

In addition to an ample number of OB patients, residents engage in the broad spectrum of family medicine in Augusta, including geriatrics. Residents perform monthly rounds on patients at the Augusta Health and Rehabilitation, a skilled nursing facility.



FACULTY AND RESIDENT AT WORK IN AUGUSTA

Program *Highlights*

- Single-specialty residency program allows for greater first-hand learning experiences
- Accredited through the ACGME with Osteopathic Recognition
- Four MD faculty members, two DO faculty, and an on-site clinical social worker
- The only comprehensive geriatric assessment program in northwest Wisconsin
- 90 volunteer clinical faculty members who work with our residents in a variety of settings
- A long history of training outstanding family physician leaders, demonstrated by more than 230 graduates, the majority of whom have chosen to practice in Wisconsin
- Numerous community involvement options
- Home visit opportunities
- Care of a diverse population including Amish, Hispanic and Hmong families



RESIDENT/FACULTY RETREAT 2021

Focus on *Resident Support*

The Prevea Health Family Medicine Residency Program is responsive to the needs and requests of residents.

We have implemented the following initiatives to help our PGY-1 class acclimate to residency:

- Program orientation updated annually based on PGY-1 class recommendations
- Targeted examination skills training sessions exclusively for PGY-1 residents
- Protected time for completion of ABFM Certification Activity, review of ABFM exam questions, procedure logging, and other administrative tasks
- Five scheduled meetings with faculty advisor during the first six months
- Monthly intern well-being sessions
- Weekly written and face-to-face feedback about strengths and weaknesses while assigned to the family medicine service
- Written feedback from staffing faculty for each clinic patient seen for the first few months
- We encourage a healthy balance between clinical responsibilities and the need for social support and relationship-building with colleagues.

Support activities for all residents include:

- **Res Rap:** A twice-monthly discussion session for residents only
- **Res/Fac Rap:** Monthly session for residents and faculty to discuss issues or concerns or to give updates on current events
- **Monthly Education Committee meeting** for residents and faculty to review and monitor curricular needs of the program
- **Protected time** during weekly Thursday afternoon educational conferences includes a catered lunch

- **Annual resident/faculty retreat:** A day planned by the chief residents, includes an educational session and recreation for residents and faculty
- **Advisor/advisee meetings:** After more frequent meetings during the first six months of residency, twice-annual meetings are scheduled. However, residents are welcome to consult with their advisor or another faculty member at any time.
- **Individual resident support:** Voluntary individual support and coaching meetings are available with our faculty clinical social worker
- **An Employee Assistance Program** to provide consultation about personal and work place issues and concerns, methods to address work place conflict, organizational assessment, post-trauma/critical incident consultation and referral to community resources
- **Support staff** log all in-clinic patient visits for residents



RESIDENT/FACULTY RETREAT 2021

Electronic *Resources*

Our electronic medical record system (EPIC) and computer network provide instant, organized access to patient information. HSHS Sacred Heart Hospital uses EPIC also, locally and through Care Everywhere.

Our digital radiographic equipment offers improved image quality and allows for immediate viewing of X-rays. Images can be transmitted to exam rooms and other areas of the clinic or to a hospital, where they can be interpreted by radiologists and shared with patients.

Each resident is provided a computer to facilitate recordkeeping and access to frequently-used references.

Virtual *Medical Center*

Hands-on experience is the best experience. Through our partnership with CVTC, we provide our residents with a virtual medical center.

Our center has four patient rooms complete with patient bedside monitors, in-line oxygen, suction, X-ray light boxes, and general supplies. There are adult code carts

and a pediatric code cart available in the lab. In addition, the control room allows for full audio/video recordings of simulations.

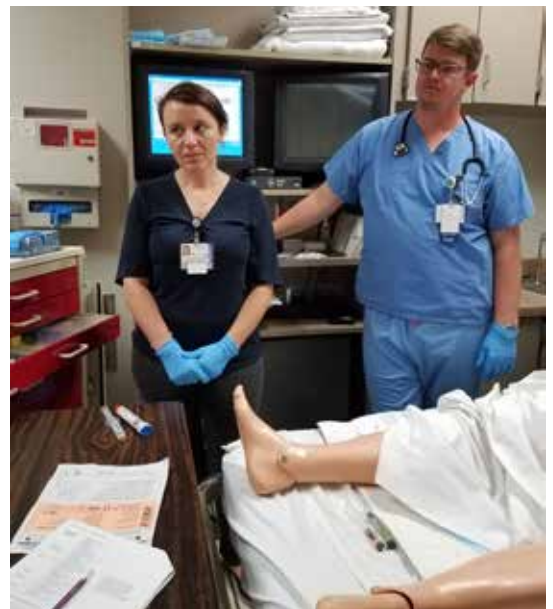
State-of-the-art equipment includes numerous patient simulators: two adult, two pediatric, one six-month-old, one newborn and one preemie; one birthing simulator, one trauma man simulator and one METI live simulator. The mannequins can be programmed to deliver realistic scenarios that quickly change to meet the instructor's goals.

The ultra-sophisticated and highly versatile mannequins blink, speak, breathe, have a heartbeat and pulse, and accurately display human responses to such procedures as CPR, intravenous medication, intubation, ventilation and catheterization.

The HPS is pre-programmed for 50 scenarios including: trauma, cardiac, ACLS, respiratory, medical emergencies, OB, hemodynamic monitoring and pediatric conditions. These scenarios are designed to assist in skill development, differential diagnosis, assessment, treatment management and emergency management skills. Faculty and residents are also free to develop their own scenarios working with CVTC's faculty.



NEWBORN AT VIRTUAL MEDICAL CENTER



Community *Connections*

Some examples of residents' community involvement and community collaboration include:

- Participation in various medical and mental health awareness events including organized runs/walks
- Hospital committees
- Serving as a board member for the Aging and Disability Resource Center and a committee member with the Substance-free Pregnancy and Recovery Coalition.
- Presentations of health topics at
 - Area elementary and middle schools
 - Northwest Regional Juvenile Detention Center
 - L.E. Phillips Senior Center
 - Chippewa Valley Technical College
 - Various area corporations
- Partnership with CVTC including collaborative use of the virtual medical center, and joint programs with Marquette University School of Dentistry dental clinic, also housed in the Health Education Building
- "Adoption" of an Eau Claire elementary school with a high percentage of students receiving free lunches
- Alliance for Substance Abuse Prevention in Eau Claire County
- Sports physicals for area schools
- Volunteering at the Chippewa Valley Free Clinic
- Preparing meals at the Community Table



HANDWASHING PRESENTATION TO A KINDERGARTEN CLASSROOM

RESIDENTS VOLUNTEER AT A FREE DENTAL PROGRAM FOR CHILDREN SPONSORED BY THE CHIPPEWA VALLEY TECHNICAL COLLEGE DENTAL HYGIENE PROGRAM.



Program *Curriculum*

We are resident-centered. Our program embraces evidence-based medicine, competency-based curriculum, and longitudinal and behavioral study. Our program is committed to providing high-quality educational and clinical experiences that help meet each resident's career goals.

Curriculum, evaluations and program improvements are designed to ensure residents obtain competence in six core areas: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism and Systems-Based Practice.

Residents in the Statewide Osteopathic Program are also evaluated on osteopathic manipulative medicine, an additional core competency for osteopathic residents.



FACULTY AND RESIDENT STAFFING A CLINIC PATIENT

Evidence-Based Medicine (EBM)

The practice of evidence-based medicine requires lifelong learning and “information mastery” that helps physicians remain up-to-date while improving clinical behavior and patient outcomes. We use EBM in our patient care.

To assist residents to focus on EBM, we provide:

- Computers with internet access for all residents
- Inclusion of an EBM component in virtually all conference topics
- Instruction on practical EBM techniques and critical appraisal of the medical literature
- Evidence-based approach to ordering laboratory tests

Longitudinal Study

Because change occurs in the context of family and culture, we incorporate family and cultural impacts on health in our curriculum and patient care. Our longitudinal approach allows for studying and developing necessary skills throughout the three years of residency training using a variety of settings (clinic, nursing home, hospital, home and community) and methodologies (didactics, workshops, video-recording, joint visits, team assessments, clinic with patient-centered home principles, and collaboration with CVTC learners and community partners). In addition to the structured curriculum for required rotations, longitudinal study includes didactics, competency-based training, patient care, direct observation, video recording and medical simulation.

Our program year consists of 13 blocks of 4 weeks each

First Year Rotations

Emergency Medicine	4 weeks
Family Medicine Service	8 weeks
General Surgery-Evergreen	4 weeks
Geriatrics	2 weeks
Gynecology – Prevea	4 weeks
Hospitalist-Sacred Heart Hospital	4 weeks
Human Behavior & Mental Health	4 weeks
Longitudinal Block	4 weeks
Inpatient Maternity (Obstetrics) /Pediatrics	8 weeks
Ophthalmology	2 weeks
Pediatrics Inpatient Children's Hospital-St Paul	4 weeks
Pediatrics- Outpatient Prevea	4 weeks

Second Year Rotations

Cardiology	4 weeks
Dermatology	4 weeks
Emergency Medicine	4 weeks
Elective	8 weeks
Family Medicine Service	8 weeks
Longitudinal Block	4 weeks
Inpatient Maternity (Obstetrics) /Pediatrics	4 weeks
Musculoskeletal Medicine (Orthopedics)	4 weeks
Musculoskeletal Medicine (Sports Medicine)	2 weeks
Otolaryngology (ENT)	2 weeks
Pediatrics- Outpatient (Prevea)	4 weeks
Radiology	2 weeks
Rheumatology	2 weeks

Third Year Rotations

Clinic Block	4 weeks
CCU	4 weeks
Electives	14 weeks
Family Medicine Service	4 weeks
Longitudinal Block	4 weeks
Inpatient Maternity (Obstetrics) /Pediatrics	8 weeks
Neurology	4 weeks
Occupational Health	2 weeks
Pediatrics-Children's ED-St Paul (2 weeks)	2 weeks
Pulmonology	4 weeks
Urology	2 weeks

Common Electives:

Addiction Medicine
Clinic Medicine
Emergency Medicine
Endocrinology
Gastroenterology
Infectious Disease
Nephrology
Non-Invasive Cardiology
Nutrition
Obstetrics
Oncology
Palliative Care
Parenting
Podiatry
Rural Medicine
Urgent Care
Vascular Surgery
Wound Care



RESIDENTS AT OB MOCK CODE AT SACRED HEART HOSPITAL

Cardiology

Working with cardiologists, residents learn to diagnose and treat problems of the cardiovascular system pertinent to family medicine. Residents gain experience working in both inpatient and outpatient settings, and learn the appropriate involvement of specialists and the coordination of health care personnel in the care of the hospitalized patient. Residents become skilled at administering stress tests if they desire.

Critical Care Unit/ Intensive Care Unit

By the end of this rotation, residents will be able to diagnose and manage patients with acute and chronic pulmonary and cardiac conditions, including sleep apnea. Residents learn how primary care physicians work with other specialists on a team. Residents also gain knowledge to formulate diagnostic and therapeutic plans for common pulmonary and cardiac diagnoses such as pneumonia, chronic obstructive pulmonary disease, acute respiratory distress, acute kidney failure, cardiopulmonary arrest and pulmonary edema.

Dermatology

During this rotation, residents have hands-on experiences and learn to diagnose and manage dermatologic problems common to family practice, as well as how to properly perform outpatient family medicine dermatologic procedures. We incorporate peer-reviewed basic dermatology curriculum modules prepared by the American Academy of Dermatology for education about additional dermatologic conditions.

Emergency Medicine

Residents gain experience at local hospital emergency departments, as well as the St. Paul Children's Hospital emergency department. Residents learn prompt assessment, intervention and disposition, which are critical skills for an emergency medicine situation. Each resident manages patients as a member of a health care team dealing with multiple simultaneous patient encounters and learns the appropriate use of consultants in this area of patient management.

Family Medicine Service

While on rotation with the Family Medicine Service, PGY1 residents learn to practice inpatient family medicine and use appropriate community resources and hospital interdisciplinary teams (social workers, dietitians, palliative care providers). PGY1 residents also participate in hospital rounding with faculty and senior residents.

As a PGY2 or PGY3, the resident is responsible for direct inpatient care with progressive levels of responsibility. Residents diagnose, provide proper therapeutic management and consult specialists for the common major diseases seen in this inpatient setting. Senior residents also supervise and teach PGY1 residents.

General Surgery

Residents learn to assess patients with potential surgical problems, to care for them preoperatively and postoperatively as appropriate for a family physician. They also assist the surgeon during operative procedures and in an outpatient setting.

Geriatrics

Residents rotate with a SNFist in a skilled nursing facility as an orientation to providing regular care for geriatric patients throughout residency. Each second year resident is assigned a nursing home panel they follow for 2 years at one of the local nursing homes. Residents participate in our comprehensive geriatric assessment clinic, working as a team with an RN, social worker and geriatrician faculty learning to diagnose and treat common dementias.

Gynecology

The primary educational goal during this rotation is for residents to be able to diagnose and treat gynecologic problems, perform gynecologic procedures appropriate to Family Medicine and know when to appropriately obtain gynecologic consultation.

Hospitalist

During the hospitalist rotation, residents learn to diagnose, treat and manage patients as inpatients on a day-to-day basis. Residents also learn important communication skills required to accept a patient and transfer the patient back to their own primary care physician. Residents contrast continuity of care models to hospitalist care. Throughout their three years of training, residents work with community preceptors and learn firsthand the different medical systems: large medical groups as well as private practice models and hospitalist vs. the traditional continuity care model.

Human Behavior and Mental Health

Residents learn how to care for patients' physical and psychosocial needs. This is accomplished through a four-week rotation, as well as a longitudinal, competency-based curriculum, combined with individual coaching from our faculty clinical social worker. Our clinical social worker teaches major aspects of mental illness, interviewing and assessment skills, family counseling skills, community agency referrals and relaxation techniques. Using a solution-focused approach, residents learn to help patients change the lifestyle factors that impact their health.

Residents will also train at a Medication Assisted Treatment center in Chippewa Falls as well as in their clinic. They will learn about addictions, substance abuse and medications used in treatment.

Longitudinal Block

The Longitudinal Curriculum comprises dedicated time to fulfill certain fixed components of the Health Systems Management, Community Medicine, and Resident Well-Being curricula. It allows time to complete other expectations such as presenting talks in the community, participating in community medicine events, working on a quality improvement project and participating in health-focused community initiatives.

Residents will be scheduled for one 4-week longitudinal rotation in each year of residency.

Maternal/Child

Maternity care has long been a strength of the Prevea Health Family Medicine Residency Program. In 2019 the curriculum was revised to include inpatient pediatric care in a combined rotation.

While on rotation at HSHS Sacred Heart Hospital, residents experience low-risk, high-risk and operative obstetrics as well as providing care for the newborn.

Residents work one-on-one with an attending pediatrician to care for all newborn, special care nursery and general acute care pediatric patients.

All family medicine faculty members practice and teach maternity care. Residents attend monthly hospital mock codes and OB department case presentations. Residents may opt to learn obstetrical ultrasound skills for continuity patients in our clinic.

Musculoskeletal Systems

During this rotation, residents learn how to order and interpret appropriate diagnostic tests, diagnose and manage common musculoskeletal problems, and manage pre- and postoperative care of orthopedic patients as appropriate to family medicine. Residents also perform common procedures such as closed reductions, casting, splinting, joint injections and aspirations. Residents attend a local sporting event with team physicians and/or athletic trainers. POC ultrasound training occurs within clinic and hospital.

RESIDENTS AT OB MOCK CODE AT SACRED HEART HOSPITAL



Neurology

Residents on the neurology rotation diagnose and manage common neurological problems and determine when to refer the patient to a specialist. Residents perform specific procedures and learn the role of the neurology specialists, the testing available for neurological diseases and the implications of test results. Residents spend time in the rehabilitation unit learning past stroke and injury treatment as well as telemedicine.

Occupational Health

Occupational Health is a newly developed curriculum that was created to provide residents with additional understanding of prevention, treatment and rehabilitation of workers. Residents will learn to assist employers in the maintenance of a safe and productive work environment.

Ophthalmology

Residents diagnose and manage ophthalmologic problems and use common ophthalmologic procedures pertinent to family medicine occurring primarily in the outpatient environment. Residents on this rotation perform complete history and physical exams of the ophthalmologic system, use a slit lamp, perform tonometry on patients in the office setting, discuss diagnosis and treatment including appropriate consultation for conjunctivitis and uveitis and recognize and treat corneal abrasions.

Otolaryngology (ENT)

Our preceptors work one-on-one with residents to educate them in diagnosing and managing ear, nose, and throat disorders and assist residents to determine when to refer patients to a specialist. Residents use specialized instruments including the indirect laryngoscope, nasal speculum, head lamp, otoscope and cerumen spoon.



CONFERENCE DURING WEEKLY CLASSROOM DIDACTIC TIME.

Pulmonology

During this rotation, residents learn to diagnose and manage patients with common pulmonary conditions such as COPD, asthma, pulmonary nodules, pneumonia, pleural effusions and pulmonary embolism. Residents have the opportunity to augment their procedure experience in both the inpatient and outpatient setting.

Pediatrics

Prevea Health Family Medicine residents gain a broad range of pediatric experience in both inpatient and outpatient settings. PGY1 residents complete two maternal/child inpatient rotations. PGY1 residents also spend four weeks on an inpatient team at Children's Minnesota in St. Paul to treat children with acute and chronic illnesses.

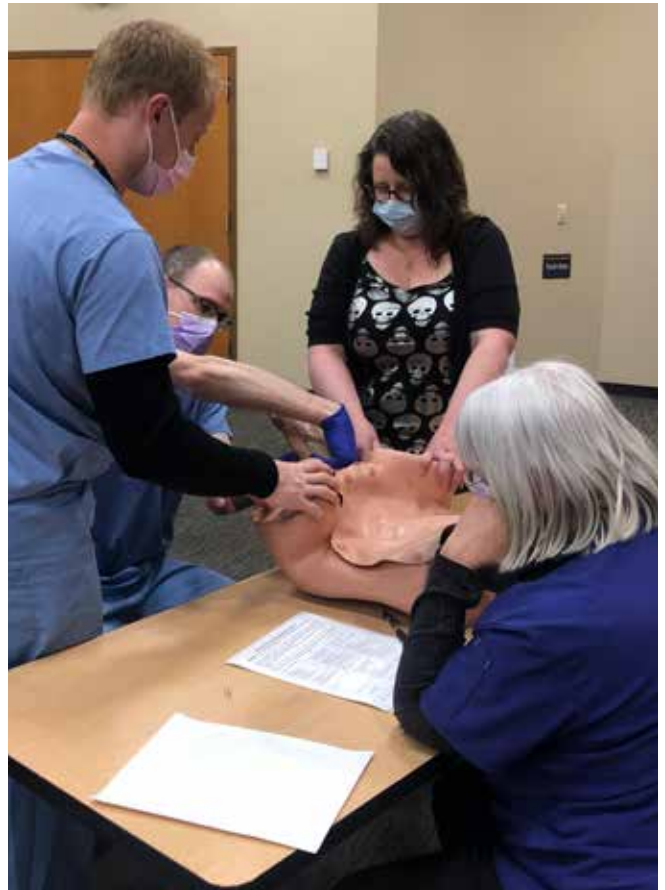
Residents in their PGY2 and PGY3 years round out their pediatric training experience with two additional four-week rotations scheduled with local pediatricians in their busy outpatient practices. PGY3 residents are scheduled for a two-week rotation at the St. Paul Children's Hospital Emergency Department. This challenging rotation is a favorite among residents.

Radiology

During the two-week rotation in radiology, residents learn appropriate test selection and participate in invasive imaging and interpreting radiologic images from outpatient and inpatient settings with highly skilled radiologists.

Rheumatology

Residents on this rotation learn to diagnose common rheumatologic conditions by completing thorough, rheumatologic-focused history and physicals. Residents will perform connective tissue and disease exams including skin and joint, eye and lung. They also properly perform common rheumatologic procedures pertinent to family medicine such as joint aspiration and corticosteroid and other injections.



ADVANCED LIFESAVING IN OBSTETRICS TRAINING

Urology

Residents on this rotation acquire skills to diagnose and manage urological problems as well as skills to properly perform common urological procedures pertinent to family medicine. Residents gain a clear understanding of normal growth, development and variants of urogenital anatomy through the life span. They gain a working knowledge of assessment and treatment of common reproductive tract infections, diseases of the anogenital tract and neoplastic disease of the genital tract. Residents also experience making appropriate referrals to specialists to provide continuity of care for patients with urological problems.

Salary and *Benefits*

If you match with the Prevea Family Medicine Residency, you will be a WiNC (Wisconsin Northern & Central) GME Consortium employee. WiNC offers a generous and competitive benefits package for Prevea Family Medicine residents.

Salary

The annual salary rates for residents beginning July 1, 2021 were:

PGY1-\$62,000

PGY2-\$64,000

PGY3-\$66,000

Salaries for the fiscal year beginning July 1, 2021 will be determined later in the year. Chief residents receive additional compensation.

Insurance Benefits

The following insurance benefits are available to residents and to their eligible dependents if noted.

Group Health Insurance: Comprehensive health insurance is available for residents, their spouses, eligible dependents, and eligible adult children. Coverage begins on the first day of employment.

Dental Insurance

Dental coverage is available for residents, their spouses, eligible dependents, and eligible adult children. Residents may select from basic dental coverage or a more comprehensive level of coverage.

Vision Care Insurance

Vision care insurance is available for residents, their spouses, eligible dependents, and eligible adult children.

Long Term Disability Insurance

Long-term disability insurance is provided for all residents beginning with the first day of employment.

Group Life and Accidental Death and Dismemberment Insurance:

WiNC will provide a Life and AD&D policy for each resident in the amount of \$50,000. Residents may select additional group life insurance for themselves, or coverage that includes their spouse and eligible dependents.

Accidental death and dismemberment insurance provides a benefit in the event of accidental loss of life, sight, or limb. Residents may select individual coverage, or additional coverage to include their spouse and eligible dependents.

Medical Malpractice

WiNC provides medical malpractice/professional liability insurance for residents. Liability insurance for moonlighting is the individual's responsibility.

Time Away Benefits

Paid Time Off (PTO)

Full-time residents are provided 20 paid days away from the program for vacation, illness or injury, medical/dental appointments, bereavement, job interviews, etc. regardless of training year status. Vacation dates may not conflict with resident duties and must be approved by the Program Director. PTO is not cumulative from year to year.

Leaves of Absence

WiNC recognizes that some residents may need to be away from training in excess of their available Paid Time Off. A leave of absence will be arranged in a way that meets ACGME and ABFM guidelines including, among others, requirements around continuity of care.

Professional Development

Professional Development Time

In addition to Paid Time Off, five additional paid days are available to PGY2 and PGY3 residents with the approval of their Program Director to attend professional conferences and other professional development activities. Consistent with ABFM guidelines, these days are for use in the post graduate training year granted, and are not transferable to the subsequent training year.

Professional Memberships

Prevea Family Medicine will pay resident membership dues for:

- The American Academy of Family Physicians (AAFP), which includes membership in the Wisconsin Academy of Family Physicians (WAFP)

For osteopathic residents, program also pays for resident membership dues for:

- American Osteopathic Association (AOA)
- American College of Osteopathic Family Physicians (ACOFP)
- Wisconsin Association of Osteopathic Physicians and Surgeons (WAOPS)

Life Support Courses

Prevea Family Medicine offers a full range of life support courses at no cost to residents. Time away for these courses is considered part of working hours, and not PTO:

- ACLS (Advanced Cardiac Life Support) and ACLS re-certification
- ALSO (Advanced Life Support in Obstetrics)
- NRP (Newborn Resuscitation Program)

Professional Development Funds

In addition to professional memberships and life support courses provided, \$1,000 is provided for each PGY training year for other professional development including conferences, additional life support courses, travel and lodging for away electives, additional professional memberships, books, journals, software, personal stethoscope, computer, tablet, smart phone. All professional development expenditures are subject to specific reimbursement policies and may require pre-approval.

Board Exams

Residents are required to take either the ABFM or AOBFP exam during their third year of residency if eligible. The cost of the initial exam is paid by the program.

Mental Health/Employee Assistance Benefit

Mental Health Benefits

WiNC is aware of the high demands of residency training. In an effort to meet the unique needs of our residents, our Mental Health benefits are designed to assist Prevea Family Medicine residents to obtain the highest quality of mental health care in a confidential manner. All residents have direct access to individual confidential support and counseling for work-related and personal issues through our employee assistance program: MGISComplete Anytime.

Core Faculty, Residents and *Program Staff*

Prevea Health Family Medicine Residency Program Director and Faculty



Joan Hamblin, MD | Program Director
joan.hamblin@prevea.com

Dr. Hamblin joined the Eau Claire faculty in 1997 and was named program director in 2012. She graduated from the University of Chicago, Northwestern Medical School and a Family Medicine residency in Charleston, S.C. She previously practiced with the Indian Health Service in Oklahoma and served on faculty at the Bowman Gray School of Medicine, the Medical College of Ohio, and the University of Tennessee, Memphis. She completed a primary care faculty development fellowship at Michigan State University and the National Institute of Program Director Development fellowship. She has an added certification in geriatrics and is the medical director of the Eau Claire Geriatric Assessment Clinic, which is a member of a consortium of memory clinics of the Wisconsin Alzheimer's Institute. She was a 2015 recipient of the UW Health Patient Experience Physician Champion Award and the 2019 Outstanding Medical Student Teacher Award from the Medical College of Wisconsin..



William Cayley MD, M.Div. | (Eau Claire and Augusta)
william.cayley@prevea.com

Dr. Cayley practices at the Prevea Augusta Health Center and teaches at the Prevea Health Family Medicine Residency Program. Professional interests include Medical Missions & Global Health, Evidence-Based Medicine, cardiovascular disease, and diabetes.

Dr. Cayley is an active member of the World Organization of National Colleges, the Academies and Academic Associations of General Practitioners/Family Physicians and the Society of Teachers of Family Medicine. He is the Book and Media reviews editor for the Journal of Family Medicine and an editor for the Cochrane Heart Group. Bill is a graduate of Fuller Theological Seminary and the Medical College of Wisconsin. He is a resident graduate of the Prevea Family Medicine Residency Program. He received the honor of induction into the Alpha Omega Alpha Honor Medical Society during the 2013-2014 academic year.



Jennifer Eddy, MD
jennifer.eddy@prevea.com

Dr. Eddy precepts residents and is the Director of Quality Improvement at the Prevea Family Medicine Residency Program. A graduate of Harvard University, the University of Massachusetts Medical School, and the West Suburban Family Medicine Residency Program, Dr. Eddy has been funded by the AAFP, the UW School of Medicine and Public Health, the WI Partnership Fund for a Healthy Future, and the National Center on Research to perform original research in a wide range of topics including pancreatitis in pregnancy, topical honey for diabetic foot ulcers, efforts to reduce underage alcohol use, and others. She contributes to the Eau Claire community in many ways including serving on the Eau Claire City-County Board of Health. In 2015 she was named Outstanding Collaborator of the Year by the Northwoods Coalition for her work reducing alcohol use by youth ages 12-17 in Eau Claire County.



Corina Fisher, MSW, LCSW
corina.fisher@prevea.com

Corina Fisher, MSW, LCSW joined the Prevea Health Family Residency Program in August 2020. Corina earned her bachelor's degree in social work from the University of Wisconsin-River Falls and master's degree in social work from Augsburg University in Minneapolis, Minnesota. Corina has extensive clinical experience working with a variety of patients including those with substance use disorders, personality disorders and adolescent thru geriatric behavioral health. She has served in clinical and supervisory roles while working in the Wisconsin Correctional System, L.E. Phillips Libertas Treatment Center and Prevea Behavioral Care.



Mark Gideonsen, MD | Associate Program Director
(Eau Claire and Augusta) mark.gideonsen@prevea.com

Dr. Gideonsen graduated from Northwestern University and Rush Medical College. He completed his Family Medicine residency and maternal-child health fellowship at West Suburban Family Medicine Residency Program in Oak Park, Illinois. For several years, he served inner city Chicago and directed a maternal-child health fellowship. Dr. Gideonsen has been named *Educator of the Year* by the Wisconsin Academy of Family Physicians.

Dr. Gideonsen serves as co-chair for Eau Claire Healthy Communities, is active with local and regional Amish communities and provides training for Amish traditional birth attendants. His professional interests include public and community health, research, maternity and pediatric care.



Leif Magnusson, DO
leif.magnusson@prevea.com

Dr. Leif Magnusson is originally from Hudson, Wisconsin and completed his undergraduate work at the University of Wisconsin-La Crosse. He graduated from A. T. Still University Kirksville College of Osteopathic Medicine in Kirksville, Missouri. He then commissioned into the United States Air Force and completed a joint military/civilian Family Medicine Residency at Offutt Air Force Base/University of Nebraska Medical Center in Omaha, Nebraska. Dr. Magnusson spent four years in Enid, Oklahoma working at Vance Air Force Base, and completed one deployment to Africa. Dr. Magnusson is developing the point-of-care ultrasound curriculum for the residency. He is also currently completing a faculty development fellowship through the University of North Carolina Medical School.



Nadine Nixon, MD
nadine.nixon@prevea.com

Dr. Nixon is originally from Houston, Texas. She is a Returned Peace Corps Volunteer. She graduated from the University of Wisconsin-Madison School of Medicine and attended the Eau Claire Family Medicine Residency Program. She worked in rural Wisconsin for seven years at Mayo Clinic Health Systems. Dr. Nixon completed the Society of Teachers of Family Medicine Fundamentals of Residency Faculty course in 2017. Dr. Nixon's professional interests include maternity and pediatrics, behavioral health and preventative/lifestyle medicine.



Deborah Raehl, DO
deborah.raehl@prevea.com

Dr. Raehl joined the faculty in 1995. A graduate of the University of Notre Dame and the Chicago College of Osteopathic Medicine, Dr. Raehl completed a rotating osteopathic internship at Muskegon General Hospital before serving four years in the Indian Health Service as a general medical officer in Bethel, Alaska. Dr. Raehl finished her Family Medicine residency at the Eau Claire Family Medicine Residency Program in 1995. She completed the University of North Carolina Faculty Development Fellowship in 1997.

Dr. Raehl coordinates the musculoskeletal curricula. She is a prolotherapy practitioner and an instructor in prolotherapy for the Hackett Hemwall Patterson Foundation. Other special interests include osteopathic manipulation and cervical dysplasia.

Prevea Family Medicine Residency Program Residents

PGY1 Residents



Bin Guo, MD
Wayne State University School of Medicine
bin.guo@prevea.com

Bin Guo was born in Vietnam and immigrated to the U.S. when he was five, ending up in Queens, New York.

He decided to fulfill his lifelong dream of a career in medicine when his grandmother's cancer diagnosis revealed how difficult it was to navigate the U.S. healthcare system. He became determined to do what he could to help others have a better experience. Bin plans to focus on preventive medicine and the care of seniors and people with chronic health conditions.

Bin is committed to being an example to his patients of the importance of a balanced, healthy lifestyle by regularly engaging in speed skating, cycling, and weight training. He feels the best health outcomes occur when patients are given the respect they deserve, and make decisions as partners with their doctors rather than simply doing what they're told.



Joshua Jagodzinski, DO
A.T. Still University – Kirksville College of Osteopathic Medicine
joshua.jagodzinski@prevea.com

Joshua grew up in Wisconsin Rapids, Wisconsin. He has an older brother and a younger sister.

His clinical interests are sports medicine, lifestyle medicine and nutrition. He plans to practice family medicine in his home state of Wisconsin.

His interests outside of medicine include fitness and weightlifting, electronic dance music and trying new healthy snack options.



Cuong Le, DO
Biomedical Sciences, Kansas City University of Medicine and Biosciences
cuong.le@prevea.com

Cuong Le was raised in Wichita, Kansas. He developed an interest in Family Medicine due to the value it brings to the community as well as its comprehensive approach to healthcare. He hopes to pursue this specialty to educate patients, motivate patients toward a healthier lifestyle, and emphasize the benefit of preventive care. He believes in a hands-on approach to patient care, in which he acts as both a guide and an advocate. Finally, he believes that the practice of medicine is a partnership between physicians and patients.

Cuong spends his spare time practicing martial arts, spending time with loved ones and enjoying a variety of outdoor activities like hiking and traveling.



Mark Washburn, DO
Lincoln Memorial University – Debusk College of Osteopathic Medicine
mark.washburn@prevea.com

Mark was born and raised in Farmington, New Mexico.

He previously worked in the oil and gas industry for nine years. He enjoyed the complex problem solving and responsibility of engineering, but made the decision to pursue medicine because of his passion for service and the desire to benefit people's lives more directly.

His clinical interests include full spectrum medicine for the whole family. He has a strong interest in Osteopathic Manipulative Medicine.

Outside of work, Mark enjoys finding adventure outdoors with his wife and four very active kids. He also enjoys carpentry, chess and reading.



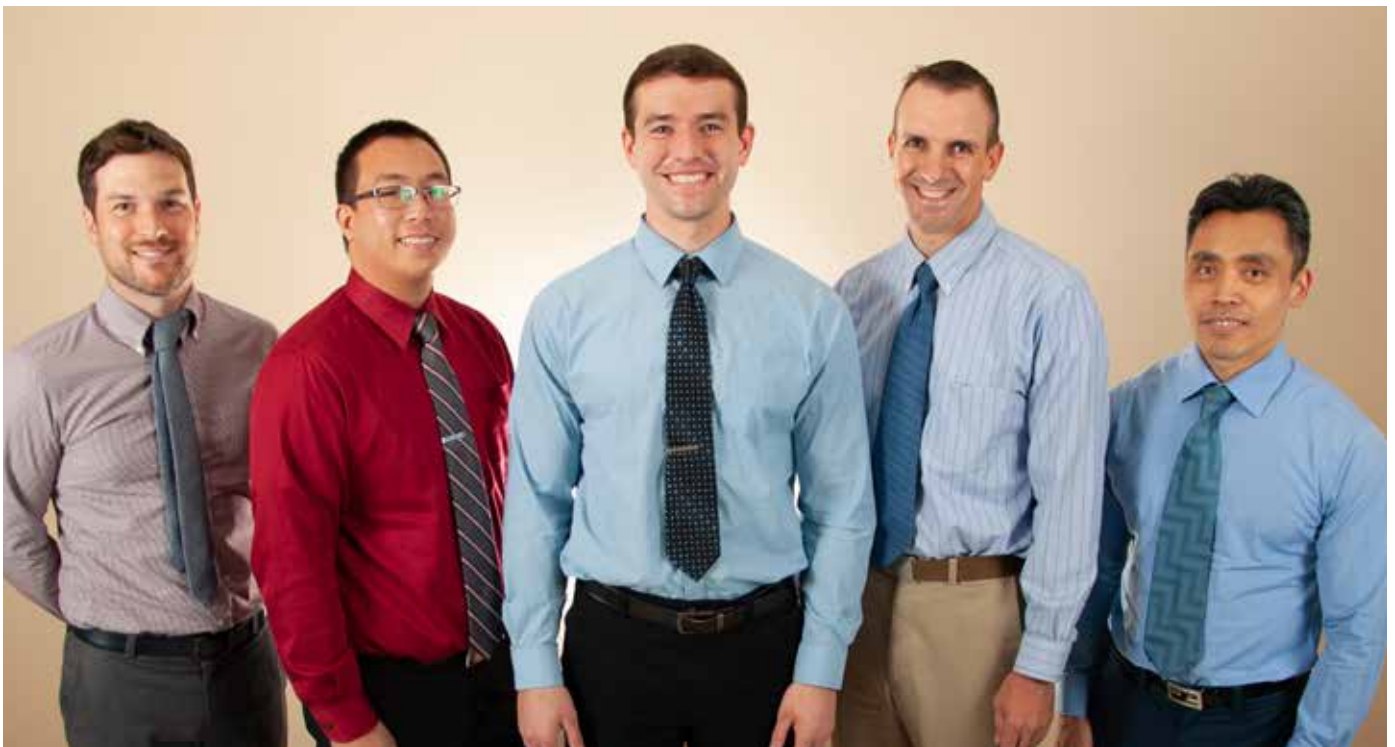
Cory Zastrow, DO
Campbell University Jerry M. Wallace School of Osteopathic Medicine
cory.zastrow@prevea.com

Cory Zastrow was born in Santa Ana, California and has lived in many states. He is the fifth of six children in the family.

He previously worked with grant administration at the Utah Department of Health.

His clinical interests include palliative medicine, geriatrics, and musculoskeletal and sports medicine

His interests outside of medicine are golf, fishing, hunting, and spending time with his family. He is married and has two children.



PGY1 RESIDENTS 2021-2022

PGY2 Residents



Michael Fassl, MD
St. George's University School of Medicine
michael.fassl@prevea.com

Michael is from Chicago, Ill. He earned his undergraduate degree in Biology from Texas Tech University.

He is interested in preventive medicine, lifestyle modification and working with student athletes.

When he isn't working, Michael enjoys spending time cooking with a focus on doing everything from scratch, unique challenging recipes are preferred. He is an avid reader of historical fiction and biographies.

He likes to stay active through sports and weight lifting at the gym. Home renovation projects have become a passion as well.



Taylor Feuling, MD
Medical College of Wisconsin
taylor.feuling@prevea.com

Taylor was born and raised in Hudson, Wis. and attended the University of Wisconsin-River Falls for his undergraduate studies, where he majored in Biomedical Studies and minored in Chemistry.

Taylor plans to become a full-spectrum family physician who cares for any patient with any ailment, but he has special interests in obstetrics, pediatrics, dermatology, musculoskeletal concerns, and outpatient procedures.

Taylor finds balance in his life by enjoying the outdoors, reading and spending quality time with his wife, Taylor, and their two children, Peter and Louisa.



Jeremiah Kakes, MD
University of Wisconsin School of Medicine and Public Health
jeremiah.kakes@prevea.com

Jeremiah was raised on a small farm outside of Medford, Wis. He attended UW Madison for his undergraduate degree in biology and psychology.

Jeremiah has special interests in rural medicine, preventive medicine, procedural medicine, ultrasound, acute care and behavioral health. After completing residency, he plans to practice in a rural area.

Jeremiah's personal interests include indoor pursuits (working with technology, cooking and reading) and outdoor activities (hiking, biking, roller-blading and spending time in nature).



Danash Raja, MD
American University of the Caribbean
danash.raja@prevea.com

Danash earned an undergraduate degree in Mathematics with a minor in Chemistry from the University of Alaska-Anchorage.

His medical interests include rural medicine, emergency medicine and sports medicine.

Outside of medicine, his interests include working out, running, boxing, hiking, watching movies and traveling.



Shawn Stafki, MD
University of Minnesota School of Medicine
shawn.stafki@prevea.com

Shawn is from Perham, Minn. He completed his undergraduate studies at the University of Minnesota-Duluth with a major in Chemistry and a minor in Biology. He then spent two years doing post-graduate research and taught undergraduate classes.

Shawn is interested in rural full-spectrum family medicine with special interests in mental health, in-patient care and procedural work.

Shawn enjoys spending time with his wife, watching movies, golfing, reading, hunting, fishing and working with his dogs.



Samantha Vouyiouklis, MD
Ross University School of Medicine
samantha.vouyiouklis@prevea.com

Samantha is a native New Yorker, who grew up in Brooklyn, N.Y. A graduate of the Scholars Program at Brooklyn College, she earned her undergraduate degree in Biology with a minor in Chemistry.

Samantha is interested in full-spectrum family medicine with special interests in obstetrics, women's health and pediatrics.

Outside of medicine, Samantha loves spending time with family, singing, knitting, baking and enjoying Eau Claire with her co-residents.



PGY2 RESIDENTS 2021-2022

PGY3 Residents



Markus Eckstein, MD
University of New Mexico School of Medicine
markus.eckstein@prevea.com

Markus was born in Anchorage, Alaska, and raised in Bayfield, CO. He studied Biology at the University of New Mexico in Albuquerque, N.M.

He pursued his residency training in Eau Claire to experience a new climate and culture. He enjoys playing board games with his wife (Megan), hiking with his dog (Zorro), and reading to his son (Lionel).

Markus is interested in practicing outpatient medicine with a focus on chronic disease management, lifestyle interventions, and preventive medicine. He pursued a career in medicine because he wants to help patients be healthy so that they are able to do the things that bring them joy and give their lives meaning.



Pamela Falcon, MD
American University of the Caribbean
pamela.falcon@prevea.com

Pamela Falcon was raised in Toronto, Canada and completed her undergraduate and graduate studies at The University of Western Ontario majoring in Physiology. She pursued postdoctoral training at The Hospital for Sick Children in Toronto, Canada followed by 10 years in the biopharmaceutical industry in vaccine development.

She is pursuing family medicine practice with a special focus in obstetrics and newborn care. As a mother of two daughters, she is passionate about working with women and their families on their journeys through pregnancy, childbirth and parenthood.

Pamela's interests include music, theatre, the great outdoors and food. She enjoys skiing and hiking and trying new restaurants and recipes.



Jordan Fraser, DO
University of North Texas Health Science Center – Texas
College of Osteopathic Medicine
jordan.fraser@prevea.com

Jordan was born in Edmonton, Alberta, Canada. He attended Concordia University in Edmonton for his undergraduate studies in Chemistry.

Jordan's clinical interests include osteopathic manipulative medicine and nutritional literacy.

Jordan is planning to practice full spectrum family medicine in rural Wisconsin.

His interests include biking, snowboarding, soccer, hockey, hiking, traveling, fishing and games.



Jonathan Rief, MD
American University of the Caribbean
jonathan.rief@prevea.com

Jonathan is from Inver Grove Heights, Minn. He completed his undergraduate studies at the University of Minnesota-Twin Cities. He majored in Kinesiology Clinical Movement Science and earned a minor in Nutrition.

Jonathan has special interests in urgent care/emergency medicine procedures, addiction medicine, obesity medicine and dermatology. His future plans include outpatient practice as well as hospital work.

He also participates in varied activities outside of medicine including running, weight lifting and cross-country skiing, as well as playing piano. He enjoys Harry Potter, Lord of the Rings and Star Wars.



Joseph Zbaracki, DO
Des Moines University College of Osteopathic Medicine
joseph.zbaracki@prevea.com

Joseph Zbaracki was born and raised in Duluth, Minn. and attended the University of Minnesota-Duluth for undergraduate studies. He majored in Cell and Molecular Biology and minored in Psychology.

Following college, he worked at a water toxicology lab in Duluth for two years and also served as a volunteer ski patroller.

Joseph's clinical interests include acute care, diabetes management, nutrition management and preventive medicine.

His interests outside of medicine include spending time with his family and mountain biking, downhill skiing and golf.



PGY3 RESIDENTS 2021-2022

ECFM Program Office Staff



L to R: Tammi Van Brunt, Theresa Peterson.

Contact *Information*

RESIDENCY EDUCATION COORDINATOR

Tammi Van Brunt tammi.vanbrunt@prevea.com or (715) 839-5177



[wincgme.org](https://www.wincgme.org)

<https://www.wincgme.org/prevea-health-family-medicine-residency>



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Prevea Health Residency Program



Follow us on Instagram

@prevearesidency.ec

Prevea Family Medicine Residency

Frequently Asked Questions

How will I be supported as a resident?

- Social activities scheduled throughout academic year
- Formal teambuilding, e.g., ropes course at UWEC
- Res Rap (resident only meetings) held twice/month
- Intern skills-building sessions held weekly including resiliency and stress management exercises
- 24/7 mental health access

What are the educational conferences and teaching like?

- Three and a half hours each week for lectures, workshops, human patient simulator lab, etc.
- Protected time (unless on call for medicine or OB service)
- Opportunities for residents to present at HSHS Sacred Heart Hospital grand rounds
- Faculty and community preceptor teaching with interactive style strongly encouraged
- Resident team and individual presentations

Are meals covered?

- All residents have access to food in the physician's lounge 24/7 at HSHS Sacred Heart Hospital where most of your inpatient clinical work occurs.

Can the residency help my significant other find employment?

- Yes. Due to our 45-year history in the community, we have developed many relationships with community members who will be happy to assist.

What are the salary and benefits for the residents?

- Please see the resident benefits page in this booklet.

What are the housing opportunities like?

- Eau Claire has a wide variety of housing options for purchase or rent. We have many houses, condos and apartments to choose from, in various locations from downtown to rural settings.

How does obstetrics fit into the curriculum?

- Our blended maternal/child rotation allows residents to care for both mother and newborn, as well as admitting and following pediatric patients
- Residents who plan to practice OB have additional learning options for elective rotations with increased volume and more complex cases

What kind of procedures will I learn?

Required Procedures

- Biopsies
- Joint injections
- Laceration repair
- Lesion removal
- Pap smear collection
- Skin excision
- Spirometry

Additional Procedures

- Prolotherapy
- OB/POC ultrasound
- Circumcision
- IUD/Nexplanon placement and removal
- Vasectomy
- Colposcopy / LEEP
- Cardiac stress testing

As a resident, will I have a voice in decision-making?

Yes. Residents contribute to program evaluation and improvement formally and informally through:

- Res/Fac Rap monthly meetings
- Semi-annual advisor/advisee meetings
- Annual program evaluation meetings
- Annual Program evaluation survey
- Informal interactions with program director, faculty and chief residents
- Opportunity to serve on the Program Evaluation Committee

Recent program changes based on resident input:

- Work experiences (cap on number of inpatients)
- Creating optimal rotation requirements to enhance clinical expertise
- Post-call resident clinic scheduling
- Elective opportunities
- Retreat
- Medicine assisted treatment for patients
- Technology support

Does the residency have a “night float” system?

We have experimented with this system and did not find it beneficial for all residents.

Are residents involved in teaching medical students?

There are regularly scheduled opportunities for residents to teach medical students. Most medical students are from the Medical College of Wisconsin or osteopathic schools.

Are there global health opportunities?

Several opportunities are available through the residency faculty, and others from community preceptors. Residents may also arrange a global health experience tailored to their individual interests.

Are there rural medicine opportunities?

Residents may choose electives in one of many rural clinic sites in the area, including Prevea Augusta Health Center.

Are there moonlighting opportunities available?

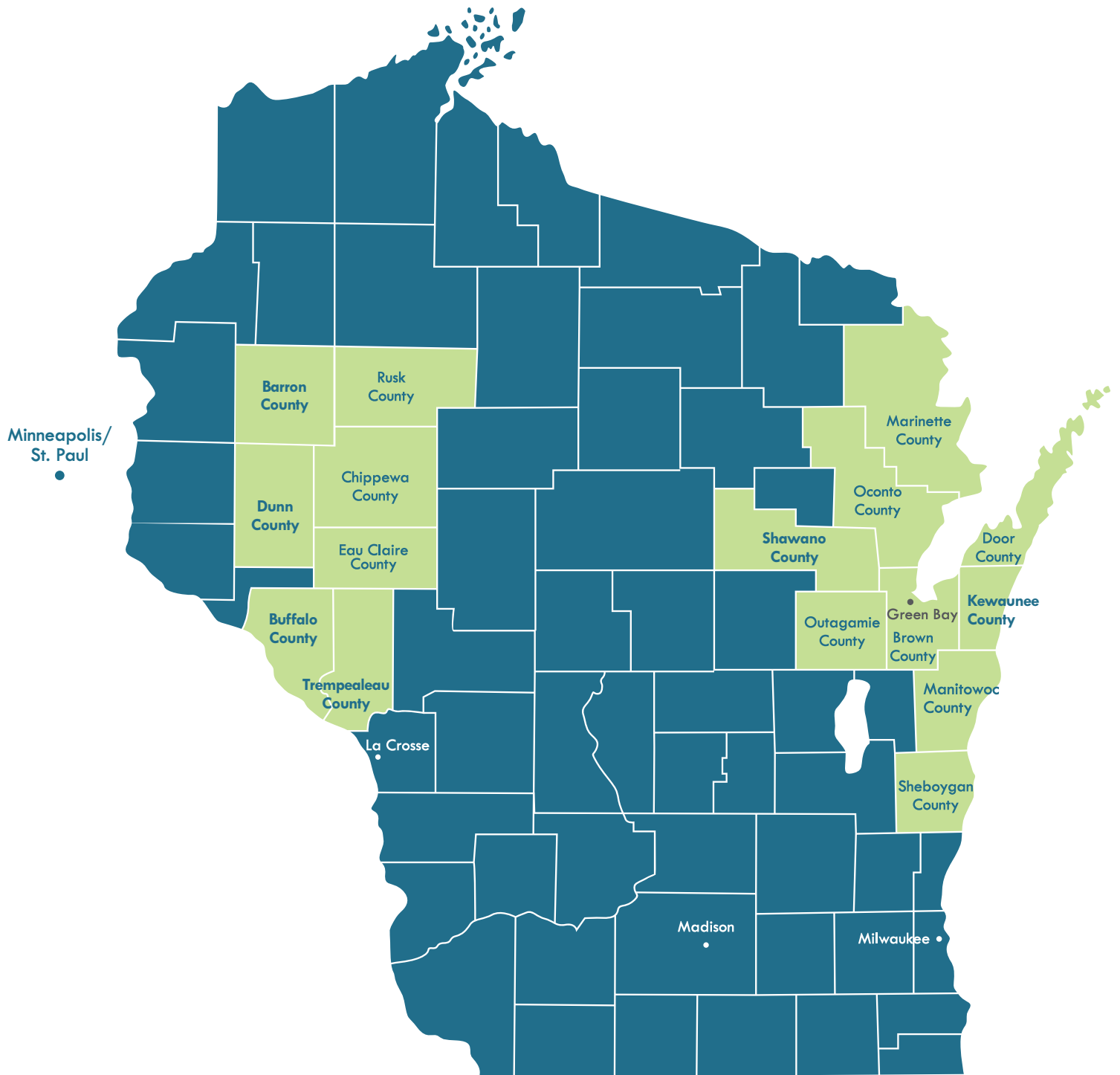
Yes. Many second and third year residents choose to moonlight.

What will most residents do when they graduate?

Residents train for full-spectrum family medicine practice and are prepared for a wide variety of career options. The flexibility of our program allows residents to choose their second and third year electives to meet the expected needs of their future employers. Recent graduates have entered the following types of practice:

- Full spectrum with and without OB including C-sections
- Hospitalist
- ER/Urgent care
- Outpatient only practices in solo, large multi-group specialty clinics, Indian Health Services, FQHC, fellowships and academic practice

More about *Prevea Health*



Prevea *Timeline*

1996 to 2022

Prevea was founded in 1996 when physicians from the West Side, Webster and Beaumont clinics partnered with HSHS St. Vincent Hospital and HSHS St. Mary's Hospital Medical Center in Green Bay.

In a very short time, Prevea established itself as a cornerstone of community health care. As an integrated multispecialty group, we offer services that can't be found anywhere else in Northeast and Western Wisconsin.

OUR MISSION:

To take care of people with passion, pride and respect.

OUR VISION:

The best place to get care.
The best place to give care.

1996	<ul style="list-style-type: none"> Webster Clinic, Beaumont Clinic and West Side Clinic merged to form Prevea in partnership with HSHS St. Vincent Hospital and St. Mary's Hospital Medical Center.
1998	<ul style="list-style-type: none"> Expanded care to our regional markets through Prevea Regional Services, Inc.
2002	<ul style="list-style-type: none"> Went live on EPIC.
2006	<ul style="list-style-type: none"> First Prevea Urgent Care opened in Green Bay.
2008	<ul style="list-style-type: none"> Aligned with HSHS St. Nicholas Hospital through a physician services agreement.
2009	<ul style="list-style-type: none"> Ashok Rai, MD, was named president and CEO. Further aligned with HSHS St. Vincent Hospital through a physician services agreement.
2013	<ul style="list-style-type: none"> Partnered with HSHS St. Vincent Hospital and Dean Health Plan to launch Prevea 360 Health Plan.
2014	<ul style="list-style-type: none"> Managed our first RHC clinics in Gillett, Lena, Mountain, Oconto Falls and Suring. Signed 200th physician. Aligned with HSHS St. Clare Memorial Hospital in Oconto Falls through a physician services agreement.
2015	<ul style="list-style-type: none"> Aligned with HSHS Sacred Heart Hospital in Eau Claire through a physician services agreement.
2017	<ul style="list-style-type: none"> The Family Medicine Residency Program in Eau Claire and Augusta joined Prevea Health.
2018	<ul style="list-style-type: none"> Prevea and HSHS Eastern Wisconsin hospitals launched a mobile 3-D mammography unit.
2019	<ul style="list-style-type: none"> Expanded our services to the south by opening a clinic in Appleton.
2020	<ul style="list-style-type: none"> Established Green Bay's first physician residency program in partnership with HSHS St. Vincent and St. Mary's Hospitals in WiNC. Launched mobile MRI services in Manitowoc, Menomonie and Ladysmith Health Centers.
2021	<ul style="list-style-type: none"> Prevea and HSHS hospitals in Western Wisconsin launched a mobile 3-D mammography unit.
2022	<ul style="list-style-type: none"> Prevea's first ASC is scheduled to open in spring.



SEPTEMBER 2020 CANOEING AND KAYAKING WELLNESS SESSION



2021 INCOMING RESIDENT ORIENTATION SCAVENGER HUNT

